**Health Services Coverage Fact Sheet**

**District Health Office, Dolakha FY 2076/77to 2078/79**

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| **S.N** | **Indicators / Period** | **2076/2077** | **2077/2078** | **2078/2079** |
| **Reporting Status:** | | | | |
| 1 | Percentage of Reporting Status (EPIC) | 93.9 | 96.4 | 96 |
| 2 | Percentage of Reporting Status (FCHV) | 81.1 | 83.4 | 84.5 |
| 3 | Percentage of Reporting Status (PHCORC) | 83.8 | 89.8 | 87.4 |
| **Immunization Program** | | | | |
| 1 | Percentage of children under one year immunized with BCG | 59.4 | 59 | 72.9 |
| 2 | Percentage of children under one year immunized with DPT-HepB-Hib1 | 66.9 | 67.7 | 88.6 |
| 3 | Percentage of children under one year immunized with DPT-HepB-Hib2 | 68.3 | 68.9 | 88.6 |
| 4 | Percentage of children under one year immunized with DPT-HepB-Hib3 | 66 | 70.7 | 87.3 |
| 5 | Percentage of children under one year immunized with Polio 1 | 66.9 | 67.6 | 88.1 |
| 6 | Percentage of children under one year immunized with Polio 2 | 68 | 69 | 88.6 |
| 7 | Percentage of children under one year immunized with polio 3 | 66 | 70.7 | 87.5 |
| 8 | Percentage of children under one year immunized with PCV 1 | 66.5 | 67.2 | 87.6 |
| 9 | Percentage of children under one year immunized with PCV 2 | 67.3 | 68.6 | 87.9 |
| 10 | Percentage of children under one year immunized with PCV 3 | 68.9 | 68.1 | 88.9 |
| 11 | Percentage of children aged 9-11 months immunized with measles/rubella 1 | 69.9 | 67.2 | 90.3 |
| 12 | Percentage of children aged 12-23 months immunized with measles/rubella 2 | 69.1 | 73.5 | 90 |
| 13 | Percentage of children 12-23 months immunized with JE | 73.6 | 75.6 | 91.8 |
| 14 | Percentage of pregnant women who received TD2 | 28.3 | 27.2 | 37.9 |
| 15 | Percentage of pregnant women who received TD2+ | 23.2 | 19.1 | 25.5 |
| 16 | Percentage of pregnant women who received TD2 & TD2+ | 51.5 | 46.3 | 63.3 |
| 17 | Drop out BCG vs Measles | -17.7 | -13.9 | -23.6 |
| 18 | Drop out DPT-HepB-Hib 1 vs 3 | 1.3 | -4.3 | 1.5 |
| 19 | Drop out DPT-HepB-Hib1 vs measles/rubella 1 dropout rate | -4.5 | 0.77 | -1.9 |
| 20 | Drop out Measles/rubella 1 vs 2 | 10.1 | 1.9 | 0.88 |
| 21 | Drop out Penta 1st Vs MR2 | 6.1 | 2.7 | -0.99 |
| 22 | Wastage Rate BCG | 88.5 | 89.7 | 91 |
| 23 | Wastage Rate DPT-Hep B-Hib | 34.2 | 34.8 | 39.9 |
| 24 | Wastage Rate JE | 60.1 | 62.1 | 63.4 |
| 25 | Wastage Rate Measles/Rubella | 61.3 | 64.8 | 67.7 |
| 26 | Wastage Rate PCV | 23.2 | 25.2 | 26.3 |
| 27 | Wastage Rate Polio (OPV) | 34.7 | 35.2 | 40 |
| 28 | Wastage Rate Polio(FIPV) | 42 | 43.2 | 49.7 |
| 29 | Wastage Rate TD | 43.1 | 51.2 | 55.6 |
| **Nutrition Program** | | | | |
| 1 | Percentage of children aged 0-11 months registered for growth monitoring | 69.8 | 82.3 | 114.4 |
| 2 | Percentage of children aged 12-23 months registered for growth monitoring | 50.2 | 59 | 85.2 |
| 3 | Percentage of children aged 0-23 months registered for growth monitoring | 60.5 | 71.3 | 99.9 |
| 4 | Average number of visits among children aged 0-23 months registered for growth monitoringᵃ | 3.9 | 3.6 | 3.4 |
| 5 | Percentage of children aged 0- 6 months registered for growth monitoring who were exclusively breastfed for the first six months | 29.1 | 42.4 | 69.2 |
| 6 | Percentage of children aged 6–8 months registered for growth monitoring who received solid, semi-solid or soft foods | 25.8 | 36.4 | 66.5 |
| **CBIMNCI Program** | | | | |
| 1 | % of PSBI Cases treated with first dose of gentamycin | 55.6 | 25 | 69 |
| 2 | % of PSBI cases received complete dose of Gentamicin | 11.1 | 18.8 | 0 |
| 3 | Diarrhoea incidence rate among children under five years | 492.9 | 449.2 | 513.5 |
| 4 | Percentage of children under five years with diarrhea treated with zinc and ORS | 82.1 | 86.4 | 80.8 |
| 5 | Incidence of ARI among children under five years (per 1000) | 1099 | 976.3 | 1415 |
| 6 | Incidence of pneumonia among children under five years (per 1000) | 96.3 | 41.5 | 110.5 |
| 7 | Percentage of children U5 years with Pneumonia treated with antibiotics (Amoxicillin) | 129 | 156 | 101 |
| **Safemotherhood Program** | | | | |
| 1 | Percentage of pregnant women who had at least one ANC checkup | 82.5 | 66.7 | 108.2 |
| 2 | Percentage of pregnant women who had First ANC checkup as protocal | 63.3 | 54.6 | 81.9 |
| 3 | Percentage of pregnant women who had four ANC checkups as per protocol (4th, 6th, 8th and 9th month) | 54.1 | 51.4 | 79.7 |
| 4 | Percentage of women who received a 180 day supply of Iron Folic Acid during pregnancy | 55.5 | 51.9 | 78 |
| 5 | Percentage of institutional deliveries | 52 | 51.1 | 68.2 |
| 6 | Percentage of births attended by a Skilled Birth Attendant (SBA) | 50.3 | 47.8 | 64.3 |
| 7 | Percentage of postpartum women who received Vitamin A supplementation | 62.4 | 58 | 69.8 |
| 8 | Percentage of postpartum women who received a 45 day supply of IFA | 55.2 | 52.3 | 62.1 |
| 9 | Percentage of women who had 3 PNC check-ups as per protocol (1st within 24 hours, 2nd within 72 hours and 3rd within 7 days of delivery) | 16.4 | 23.6 | 36.5 |
| **Family Planning program** | | | | |
| 1 | Contraceptive prevalence rate (unadjusted) among women of reproductive age (WRA) | 19.4 | 18.8 | 24.9 |
| 2 | FP Methods New acceptor among as % of MWRA | 11.5 | 12 | 15.5 |
| **FCHVS Program** | | | | |
| 1 | Percentage of Mother groups meeting held | 93.9 | 83.2 | 97 |
| **TB** | | | | |
| 1 | TB - Case notification rate | 55 | 48.1 | 35.8 |
| **OPD** | | | | |
| 1 | % of OPD New Visits among total population | 122.5 | 104.8 | 152.9 |

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| **name** | **To. Pop** | **Exp Live Births** | **0-11M** | **2-11 M** | **12-23 M** | **0-23M** | **6-23M** | **0-35M** | **0-59M** | **6-59M** | **12-59M** | **0-14 Yrs** | **10-19 Yrs** | **Male 10-19Yrs** | **Female10-19Yrs** | **Female15-44 Yrs** | **WRA15-49 Yrs** | **MWRA15-49 Yrs** | **Expected Pregnancy** | **60 + Yrs** | **6-**  **11 M** |
| Dolakha | 172952 | 2700 | 2633 | 2197 | 2616 | 5249 | 3932 | 7899 | 13444 | 12133 | 10808 | 43066 | 30058 | 15465 | 14592 | 39057 | 44102 | 31552 | 3129 | 26017 | 1316 |
| Gaurishankar | 16029 | 273 | 264 | 222 | 263 | 526 | 393 | 793 | 1351 | 1220 | 1085 | 4328 | 2929 | 1507 | 1422 | 3449 | 3878 | 2733 | 314 | 2405 | 130 |
| Bigu | 16444 | 307 | 289 | 240 | 286 | 574 | 430 | 863 | 1470 | 1324 | 1181 | 4572 | 3158 | 1599 | 1559 | 3545 | 3988 | 2770 | 354 | 2384 | 144 |
| Kalinchowk | 21245 | 377 | 360 | 301 | 360 | 721 | 540 | 1087 | 1853 | 1672 | 1491 | 5889 | 3984 | 2061 | 1923 | 4645 | 5222 | 3688 | 436 | 2924 | 180 |
| Baiteshwor | 17973 | 247 | 243 | 203 | 241 | 486 | 366 | 731 | 1240 | 1120 | 998 | 4059 | 3016 | 1572 | 1444 | 4158 | 4707 | 3395 | 288 | 2844 | 125 |
| Jiri | 15569 | 229 | 225 | 187 | 224 | 450 | 337 | 675 | 1148 | 1039 | 923 | 3696 | 2671 | 1362 | 1309 | 3686 | 4125 | 2952 | 266 | 2189 | 113 |
| Tamakoshi | 15317 | 239 | 233 | 194 | 229 | 462 | 345 | 693 | 1172 | 1055 | 939 | 3745 | 2734 | 1407 | 1326 | 3563 | 4030 | 2858 | 276 | 2260 | 116 |
| Melung | 16072 | 261 | 257 | 215 | 255 | 512 | 382 | 769 | 1302 | 1175 | 1045 | 4110 | 2810 | 1399 | 1411 | 3703 | 4162 | 2943 | 302 | 2568 | 127 |
| Shailung | 18352 | 287 | 295 | 245 | 293 | 586 | 439 | 882 | 1503 | 1355 | 1209 | 4781 | 3004 | 1513 | 1491 | 3949 | 4483 | 3221 | 331 | 3002 | 146 |
| Bhimeshwor | 35952 | 480 | 468 | 390 | 465 | 933 | 700 | 1407 | 2404 | 2172 | 1936 | 7886 | 5752 | 3045 | 2707 | 8359 | 9506 | 6991 | 561 | 5441 | 235 |

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| ! | h=:jf=c | &÷\* | ! | ! |  | cWoog labfdf /x]sf] |
| @ | ;'k/efO{h/ | %÷^÷& | @ | @ |  | ! hgf sfhdf :jf:Yo lgb{]zgfno /x]sf] . |
| # | k=x]=g | %÷^÷& | ! |  | ! |  |
| $ | Nof=6]=lg | %÷^÷& | ! | ! |  |  |
| % | sf]=r]=c=lg | $÷%÷^ | ! |  | ! |  |
| ^ | n]vfkfn | %÷^ | ! |  | ! |  |
| & | k|;fzg | %÷^ | ! |  | ! |  |
| \* | tYofs+ ;xfos | %÷^ | ! |  | ! |  |
| ( | sf=; |  | @ | @ |  |  |
| !) | x=;=rf= |  | ! | ! |  | s/f/ |
| hDdf | | | !@ | & | % |  |
| **xfn & cf} txsf] Ifo÷s'i7 ;'=clws[t sfof{no k|d'vsf] sfd sfh ug{] u/L sfhdf /x]sf] .** | | | | | | |

**v08 – @**

**@=! afn :jf:Yo sfo{qmd**

**/fli6«o vf]k sfo{qmd(National Programme on Immunization)**

**k[i7e"dL-Back ground)**

g]kfndf lj:tfl/t vf]k ;DalGw sfo{qmdsf] ;'?cft ePsf] w]/} nfdf] ;do ePsf] 5}g . lj=;+=@)#$ ;fndf ljkm/ pNd'ng sfo{qmdnfO{ kl/dfh{g u/L 'lj:tfl/t vf]k–sfo{qmd' sf] gfdaf6 k|f/De ul/Psf] xf] . :jf:Yo dGqfno cGtu{t ljsf;sf cfof]hgfx?nfO{ Plss[t :jf:Yo ;]jf k|0ffnLdf cj4 ug]{ qmddf o; cfof]hgf nfO{ lj:tfl/t vf]k sfo{qmd egL gfdfs/0f ul/Psf] lyof] . h;nfO{ c+u|hLdf 'Expanded Program on Immunization' "EPI"klg eGg] rng 5 .

lj:tfl/t vf]k sfo{qmd g]kfn ;/sf/sf] k|fyldstf k|fKt sfo{qmd xf] . g]kfn ;/sf/n] cf=j= @)#$/)#% df b]zsf # lhNnfaf6 lj=;L=hL= / l8=lk=6L= vf]k ;]jf k|bfg u/L lgoldt vf]k ;]jfsf] ;'?cft u/]sf] lyof] / qmd;M b]z e/Lg} g]kfn ;/sf/ :jf:Yo tyf hg;+Vof d+qfnon] jfn d[To"b/ / jfn /f]ub/ 36fpgsf nflu Ifo/f]u,kf]lnof], bfb'/f, wg'i6+sf/, nx/]vf]sL, x]kf6fOl6;–lj, x]df]kmLn; OGkm\Nf'PGhf la / Eofu't] /f]u lj?4 Ps jif{ leqsf jfnjflnsfnfO{ vf]k lbg] sfo{qmd ;+rfng u/L /x]sf] 5 . ;f]xL sfo{qmd cg';f/ bf]nvf lhNnfsf&$j8fsf @ jif{ eGbf d'lgsf jfnjflnsfx? / ue{jtL dlxnfnfO{ vf]k nufpg] sfo{sd!^) vf]k lSnlgs dfkm{tcljl5Gg ?kdfk|To]s dlxgf !) b]lv !#/ !& b]lv @! ut];Dd ;+rfng x'b} cfPsf] 5 .

aRrfnfO{ vf]k nufP/ ljleGg vt/gfs ;?jf /f]ux? nfUgaf6 arfpg ;lsG5 . vf]kn] aRrfnfO{ /f]u;Fu n8\g] zlQm k}bf ub{5 . vf]kx¿ aRrfnfO{ v'jfP/ cyjf ;"O{sf] dfWodaf6 lbg ;lsG5 . Ifo/f]u, Eofu't] /f]u, nx/]vf]sL, wg'i6+sf/, x]kf6fOl6; aL, x]df]lkmn; OGkm'oGhfaf6 x'g] lgdf]lgof tyf d]lgGhfOl6;, kf]lnof] / bfb'/f h:tf k|f0f3fts /f]ux¿ lj?4 aRrfnfO{ vf]k nufpg' kb{5 .

**sfo{qmdsf] nIo**

* vf]k / cfjZos ;fdfu|Lx?sf] Joj:yfkgnfO{ ;'b[9Ls/0f ug]{ .
* gofF vf]knfO{ lj:tf/} /fli6«o vf]k sfo{qmddf ;dfj]z ub}{ n}hfg] .
* b'O{ jif{ eGbf d'lgsf ;Dk"0f{ jRrfnfO{ Ifo/f]u,nx/]vf]sL, wg'i6+sf/, kf]lnof], bfb'/f, Eofu't] /f]u ,lgdf]lgof /x]kf6fOl6; lj cflb lj?4 vf]k lbg] .
* ;a} ue{jtL dlxnfnfO{ l68L vf]k lbg] .

**vf]k sfo{qmdsf] p2]Zo**

* vf]ksf] se/]h /fli6«o tyf lhNnf :t/df ()Ü eGbf j9L k'¥ofpg]
* gj lzz' / cfdfnfO{ x'g] wg'i6+sf/ /f]u Eliminationug]{ (<1 case/ 1000 live births) .
* ()Ü jRrfdf bfb'/f vf]ksf] se/]h ug]{ / To;sf] pknAwLnfO{ sfod /fVg] .
* b]zdf kf]lnof] gePsf] l:ylt sfod ug]{ .

**/0fgLlt(Strategies)**

* vf]ksf] dxTj jf/]df hgr]tgf hufpg] p2]Zon] ;fdflhs kl/rfng ug]{ .
* ;Dk"0f{ :jf:Yo ;+:yf / vf]k s]Gbx?|(EPI Clinics)af6 k|To]s dlxgf vf]k ;]jf pknJw u/fpg] .
* kf]lnof] pGd'ng / bfb'/f lgoGq0f ug{sf] nflu cltl/Qm vf]k sfo{qmd ;+rfng ug]{ .
* cfjZostf cg';f/ vf]k ;DjlGw cltl/Qm lqmofsnfkx? h:t} – ;3gvf]k sfo{qmd, 3/b}nf] vf]k

sfo{qmd cflb ;+rfng ug]{ .

* vf]k af6 arfpg ;lsg] /f]ux?sf] lgu/fgL-;le{n]G; sfo{\_ ug]{ .
* vf]k4f/f /f]syfd u/Lg] /f]ux?sf] dxfdf/Lsf] cj:yf cfpg glbg /f]ulgoGq0fsf lqmofsnfkcjnDjg ug]{.
* ;do ;dodf vf]k ;DjGwL tflnd ;+rfng ug]{ .
* ;xof]ufTds ;'kl/j]If0f sfo{nfO{ ;'b[9Ls/0f ug]{ .
* 6]6«fEofn]G6 vf]k k|0ffnL nfu' ug]{ .

aRrfsf] hLjg :j:y /fVg tyf aRrfnfO{ d[To'sf] vt/faf6 jrfpg ;j} vf]ksf ;j} dfqfx¿ k'/f ug{ cToGt h?/L x'G5 . kl/jf/sf ;b:ox¿n] cfkm\gf] aRrfx¿nfO{ k"0f{ ?kdf vf]k gnufPdf pgLx¿sf] aRrf lj/fdL kg{ cyjf d[To' x'g] ;Defjgf a9g ;S5 . kl/jf/n] cfkm\gf aRrfx¿nfO{ ;j} vf]ksf] dfqf k'/f u/]/ /f]u nfUgaf6 ;'/lIft /fVg ;S5g\ .Ifo/f]u, Eofu't] /f]u, nx/]vf]sL, wg'i6+sf/, x]kf6fOl6; aL, x]df]lkmn; OGkm'oGhfaf6 x'g] lgdf]lgof tyf d]lgGhfOl6;, kf]lnof], bfb'/f cflb h:tf k|f0f3fts /f]ux¿ lj?4 vf]k lgMz'Ns ?kdf k|To]s j8f sf vf]k s]Gb| tyf :yfgLo :jf:Yo ;+:yfx¿df lgoldt ?kdf nufOG5 . vf]k nufpg] ldlt / :yfgsf] jf/]df dlxnf :jf:Yo :jo+;]ljsf, c=x]=j=÷c=g=dL=, cfwf/e't :jf:Yo s]Gb|, :jf:Yo rf}sL, Kf|fylds :jf:Yo s]Gb| tyf c:ktfnaf6 yfxf kfpg ;lsG5 . /fli6«o ?kdf ;+rfng x'g] sfo{qmdsf] af/]df ljleGg krf{, kf]:6/, kqklqsf, /]l8of] tyf l6=eL=af6 ;d]t yfxf kfpg ;lsG5 .

**cf=j= @)&\*÷)&(df ;+rflnt lqmofsnfkx?**

* lh=:jf=sf sf] ;dGjodf, c:ktfn, k|f=:jf=s]=, :jf=rf}=, cfwf/e't :jf:Yo s]Gb|, vf]k s]Gb|x?af6 lgoldt vf]k ;]jf lbO{Psf] .
* lgoldt vf]k sfo{qmd ;DjlGw lhNnf :tl/o ;'Id of]hgf tyf ;ldIff sfo{qmd ;+rfng ul/Psf] .
* ;a} afnaflnsfx?nfO{ vf]ksf] ;'lglZttf eGg] d'n gf/fsf ;fy a};fv dlxgfnfO{ vf]k dlxgfsf] ?kdf sfo{qmd ;~rfng u/L dgfOPsf] .
* :jf:YosdL{x?nfO{ cfufdL cf=j=df nufO{g] gof+ 6fO{kmfO8 vf]]ksf] af/]df hfgsf/L lbg] p2]Zon], u'0f:t/Lo vf]k ;]jf k|bfg ug{sf] nfuL @ lbg] vf]k ;DaGwL tflnd ;+rfng ul/Psf] .
* ljZj :jf:Yo ;+u7g tyf o'lg;]kmaf6 k|ltkflbt Microplanning for Immunization Services Delivery Using the Reaching ot every District (RED) /0fgLlt sf] cfwf/df Reaching Every Child(REC)eGg] d'n gf/f nfO{ dWoefudf /fvL :yfgLo Pkm=Pd=af6 vf]k ;]jfsf] k|efjsf/Ltf af/] k|rf/ k|;f/ ul/Psf], :yfgLo kq–kqLsfx?df o; ;DalGw ;"rgfd'ns ;Gb]xx? lgoldt k|sfzg ul/Psf] .
* vf]k sfo{qmd ljz]if kmf]s; u/L ;'kl/a]If0f,cg'udg lqmofsnfkx? ;~rfng ul/Psf] .
* vf]k ;]jf k|bfg ug{sf nfuL Reaching ot every Child (REC) sf] /0fgLlt cg';f/ sfo{qmdsf] Microplanningu/L ljZn]if0f sf ;fy} gof+ /0fgLltsf ;fy vf]k sfo{qmd ;~rfng ul/Psf] .

**lhNnfsf] ljut ltg jif{sf] lgoldt vf]k se/]h l:ytL -k|ltztdf\_**

dfyL k|:t't ul/Psf] tflnsfdf pNn]v eP cg';f/ @ jif{ eGbf d'lgsf afn aflnsfx?nfO{ lj=l;=lh=,l8=lk=l6-x]k aL-lxa, /f]6f, kf]lnof], Pkm=cfO{=lk=eL, lk=l;=eL, bfb'/f ?a]nf, hfkflgh OG;]kmnfOl6; / ue{jtL dlxnfx?nfO{ l6=l8= vf]ksf] cf=j= )&^.&&b]lv )&\*.)&( ;Ddsf] k|Zt't ljj/0f cg';f/ lhNnfsf]] k|ult a9\bf] ?kdf /x]sf 5g\ . ljutsf aif{x?sf t'ngfdf k|utL pGd'v cj:yf /x]sf] 5 .

**lj=l;=hL / DPT-HepB-Hib 1, 2,3 vf]ksf] cf=j= @)&\*÷)&( sf] k|ult l:ylt-k|ltztdf\_**

k|:t't rf6{ cg';f/lj=l;=lh / l8=lk=l6-x]k aL-lxa !, @, #= vf]k, led]Zj/ gu/kflnsfn] zt\ k|ltzt eGbf a9L k|utL xfl;n ug{ ;kmn ePsf 5g eg], sfln~rf]s uf=kf=n] lj=l;=lh \*) k|ltzt / l8=lk=l6-x]k aL-lxa klxnf], bf];|f], t];|f] () k|ltzteGbf dfly,tfdfsf]zL / z}n'Ë uf=kf= n] \*) k|ltzt ;Dd klg k|ult x'gg;s]]sf] b]lvG5.

**kf]lnof] !, @, # vf]ksf] cf=j= @)&\*÷)&( sf] k|ult l:ylt-k|ltztdf\_**

k|:t't rf6{ cg';f/ lk=l;=eL !, @, # sf] k|ult x]bf{ ;du| lhNnfsf] \*% k|ltzt eGbf dfly 5 eg] led]Zj/ gu/ kflnsfsf] sf] ;j}eGbf a9L !!)Üb]vL !!^Ü / ;j}eGbf sd tfdfsf]zL / z}n'Ë uf=kf= sf] \*)Ü eGbf sd k|ult /x]sf] 5 .

**bfb'/f klxnf, bf;|f] / JEvf]ksf] cf=j= @)&\*÷)&( sf] k|ult l:ylt -k|ltztdf\_**

k|:t't rf6{ cg';f/ bfb'/f klxnf] / bf];|f] sf] k|ult x]bf{ ;du| lhNnfsf] () k|ltzt 5 eg] led]Zj/ g=kf sf] ;j}eGbf a9L !!!Ü, !!^Ü, !^@Ü / ;j}eGbf sd z}n'Ë uf=kf sf] &&Ü , &%Ü , \*)Ü k|ult /x]sf] 5 .

**6L8L @ tyf 6L8L @+ -ue{jtL dlxnf\_ vf]k ;]jf cf=j= @)&\*÷)&( sf]pkef]ul:ylt -k|ltztdf\_**

k|:t't rf6{ cg';f/ 6L8L @ tyf 6L8L @**+**sf] k|ult x]bf{ ;du| lhNnfsf] ^# k|ltzt 5 eg] led]Zj/ g=kf sf] ;j}eGbf a9L ((Ü / ;j}eGbf sdd]n'Ë uf=kf sf] $%Ü k|ult /x]sf] 5 .

**6L8L @+vf]ksf] cf=j= @)&\*÷)&( sf] k|ult l:ylt -k|ltztdf\_**

k|:t't rf6{ cg';f/ 6L8L @± sf] k|ult x]bf{ ;du| lhNnfsf] @^ k|ltzt 5 eg] led]Zj/ g=kf sf] ;j}eGbf a9L $@Ü / ;j}eGbf sd z}n'Ë uf=kf sf] !$ Ü k|ult /x]sf] 5 .

**lhNnfsf] ljut # jif{sf] vf]k 8«kcfp6 b/(Droup-out Rates)**

|  |  |  |  |
| --- | --- | --- | --- |
| Data / Period | 2076 / 2077 | 2077 / 2078 | 2078 / 2079 |
| BCG vs Measles | -18 | -14 | -24 |
| DPT-HepB-Hib 1 vs 3 | 1 | -4 | 2 |
| DPT-HepB-Hib1 vs MR 1 | -5 | 1 | -2 |
| MR 1 vs 2 | 10 | 2 | 1 |
| Penta 1st Vs MR2 | 6 | 3 | -1 |

k|:t't tflnsf cg';f/ 8«kcfp6 b/sf] l:ylt x]bf{ lal;hLsf] t'ngfdf bfb"/fsf] 8«kcfp6 b/36\bf] 5 eg] l8lkl6 ! sf] t'ngfdf l8lkl6 # 8«kcfp6 b/s]xL a9\bf] eP klg ;du|df !)Ü eGbf Go"g ePsf]n] o;nfO{ ;sf/fTds g} dfGg ;lsg] cj:yf /x]sf] 5 .

**lhNnfsf]EofS;Lg v]/ hfg] b/(Wastage Rate)ut # cf=j=sf] t'ngfTds l:ylt**

k|:t't tflnsf cg';f/ ut # cf=j=sf] EofS;Lg v]/ hfg] b/ sf] l:ylt x]bf{ x/]s vf]ksf] v]/ hfg] b/ a9\g uPsf] 5 t;y{ k|efjsf/L ;'Ifd of]hgf Pjd /0flglt tof/ u/L cfufdL cf=j df sdL u/fpg cfjZos /x]sf] 5 .

**cf=j= @)&\*÷)&( sf] kflnsf cg';f/ EofSl;g v]/ hfg] b/ -k|ltztdf\_**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Organisation unit / Data | Wastage Rate BCG | Wastage Rate DPT-Hep B-Hib | Wastage Rate JE | Wastage Rate Measles/Rubella | Wastage Rate PCV | Wastage Rate Polio (OPV) | Wastage Rate Polio(FIPV) | Wastage Rate TD |
| DOLAKHA | 91 | 40 | 63 | 68 | 26 | 40 | 50 | 56 |
| Gaurishankar Rural Municipality | 93 | 49 | 69 | 74 | 31 | 50 | 63 | 74 |
| Bigu Rural Municipality | 92 | 45 | 66 | 74 | 28 | 44 | 49 | 50 |
| Kalinchowk Rural Municipality | 90 | 34 | 58 | 59 | 25 | 34 | 41 | 46 |
| Baiteshwor Rural Municipality | 87 | 43 | 57 | 57 | 28 | 43 | 49 | 59 |
| Jiri Municipality | 90 | 34 | 58 | 68 | 16 | 36 | 42 | 58 |
| Tamakoshi Rural Municipality | 93 | 40 | 62 | 76 | 18 | 40 | 60 | 67 |
| Melung Rural Municipality | 96 | 54 | 78 | 77 | 45 | 54 | 59 | 71 |
| Shailung Rural Municipality | 92 | 45 | 71 | 69 | 39 | 46 | 55 | 70 |
| Bhimeshwor Municipality | 83 | 21 | 48 | 55 | 10 | 21 | 35 | 27 |

**vf]k ;]jfsf] ;du| ljZn]if0f -;f/f+z\_**

**aflif{s ;ldIff uf]i7L )&\*.&(sf] cj;/df tyf vf]k z'Idof]hgf sfo{qmdf lhNnfdf vf]k sfo{qmdnfO{ ;'wf/ ug{ ul/Psf 5nkmn / lgisif{x?**

* Ps jif{ d'lgsf jRrfsf] clen]v /fVg] (Head Count) .
* vf]k ;DjlGw lzIff lbg] -d=:jf=:j=;]=, ljBfno, :jf:Yo Joj:yfkg ;ldlt, :jf:Yo cfdf ;d'x dfkm{t\_
* k|fljlws :jf:Yo sdL{x?jf6 Data verification u/L Recording / Reporting cWofalws ug]{ .
* vf]k ;];g cl3 g} vf]k nufpg kg]{ jRrfsf] ln:6 tof/ ug]{ .
* dfl;s a}7sdf o; ;DaGwdf lj:t[t 5nkmn ug]{ .
* dlxnf :jf:Yo :jo+;]ljsfsf] ;ldIff j}7sdf vf]k ;DjlGw 5nkmn ug]{ .
* vf]k nufO;s]kl5 cleefjssf] ;Dks{ g+= lng] / 5'6]sf] cj:yfdf kmnf]ck ug]{ k4tLsf] ljsf; ug{] .
* vf]k ;];g kl5 OGrfh{ :jo+n] vf]k /lhi6/sf] lgl/If0f ug]{ / 8«k cfp6 b]lvPdf t'?Gt ;Dks{ ul/ sf/0f kQf nufpg] .
* lkmN8df sfd ug]{ c=x]=j=/c=g=dL= kl/rfng ul/ 3/e]6 ug{ nufpg] / 5'6]sf jRrfx?nfO{ vf]k nufpg] Aoj:yf ldnfpg] .

kx'Fr sd ePsf] 7fFpdf vf]k s]Gb| j9fpg] .

* Negative Drop Out x6fpg aflx/jf6 cfPsf jRrfsf] ljj/0f / klxn] sxfF nufPsf] ;d]tsf] ljj/0f k]z ug]{ .
* dfl;s ?kdf k|ult ljZn]if0f ul/ k[i7kf]if0f lbg] / o;nfO{ lg/Gt/tf lbg] .
* vf]k lSnlgsdf lhNnf :jf:Yo sfof{no, kflnsf :jf:Yo zfvf tyf ;DalGwt :jf:Yo ;+:yfjf6 ;xof]uL ;'kl/j]If0f ug]{ .
* k|fKt pknlAwnfO{ ;+:yfut ub}{ hfg] .

**@=@ kf]if0f sfo{qmd**

**Nutrition Programme**

**k[i7e"dL(Background)**

kf]if0f sfo{qmd ljz]if u/]/ :tfgkfg k|jw{g, j[lå cg'udg -%jif{ eGbf sd pd]/sf jfnjflnsfsf]\_, k|f]l6g OghL{ s"kf]if0f lgoGq0f, le6fldg P sldsf] /f]syfd,dlxnfdf x'g] /Qm cNktfsf] /f]syfd tyf :jf:Yo lzIffsf dfWodaf6 :yflgo :t/df k|fKt vfB >f]tsf] clwstd k|of]u u/L cfdf / aRrfnfO{ rflxg] b}lgs vfB tTj kl/k"lt{ u/L /f]u / d[To"df sld Nofpg] d'Vo p4]Zosf ;fy lhNnfdf ;+rflnt 5 .

**p2]Zo(Objectives)**

jfnjflnsf, ue{jtL dlxnf / ;'Ts]/L cfdfx?sf] kf]]]]]]]if0f l:ytLdf ;'wf/ Nofpg /fli6«o kf]if0f sfo{qmdn] lgDg p2]Zox? lgwf{/0f u/]sf] 5 .

* k|f]l6g – OghL{ s'kf]if0fsf] lgoGq0f .
* cfof]l8gsf] sldaf6 pTkGg ;d:ofsf] lgoGq0f .
* le6fldg …P sf] sldjf6 pTkGg ;d:ofsf] lgoGq0f .
* /QmcNktfsf] lgoGq0f .
* sdtf}nsf] aRrf hGdg] b/df sld Nofpg] .
* jRrf hGd]sf] ^ dlxgf ;Dd cfdfsf] b'w dfq v'jfpg] / @ jif{sf] pd]/ ;Dd vfgfsf] ;fydf cfdfsf] b'w v'jfpg] k|rngnfO{ k|jw{g ug]{ cflb .

**kf]if0f sfo{qmdsf] gLlt**

g]kfnsf] kf]if0f gLltsf] p2]Zo d'Vo ?kn] % jif{ d'lgsf jfnjflnsfx?, ue{jtL tyf ;'Ts/L dlxnfx?nfO{ k|fl6g zlQm s'kf]if0f tyf z'Idkf]ifstTjsf] sdL x'gaf6 hf]ufP/ pgLx?sf] dfgl;s tyf zfl/l/s a[l4sf nfuL k'0f{ ;Gt'lnt vfgf kfpg] Joj:yf ug{ / eljiodf :j:ys/ hLjg ljtfpg of]Uo jgfpg' xf] . ax'klIfo ;xof]u / ;dGjoaf6 pgLx?sf] kf]if0f l:ytLdf ;'wf/ NofO{ s'kf]if0fsf] ;d:ofnfO{ 36fpb} n}hfg] p2]Zo lnOPsf] 5 .

**/0fgLlt(Strategies)**

g]kfndf ljBdfg /x]sf] kf]if0f ;DjGwL ;d:ofnfO{ plrt lsl;dn] ;dfwfg ug{ g]kfn ;/sf/ :jf:Yo tyf hg;+Vof dGqfnon] kf]if0f ;DalGw lgDgfg';f/sf lqmofsnfkx? ckgfpg] /0fgLlt to u/]sf]5 .

* ;j} kf]if0f ;DjGwL lqmofsnfkx?df ;d'bfosf] ;xefuLtf j9fpg] .
* kf]if0f ;+jGwL lqmofsnfkdf ;DnUg ljleGg ;/sf/L tyf u}/ ;/sf/L lgsfox?lar ;dGjo sfod /fVg] / o;nfO{ alnof] agfpg] .
* kf]if0f ;DjGwL cfjZostf klxrfg, of]hgf th'{df, sfo{qmdsf] sfof{Gjog / cg'udgnfO{ k|b]z, lhNnf, kflnsf, :jf:Yo ;+:yf, :jf:Yo cfdf ;d'x :t/ ;Dd las]Gb|Ls/0f ug]{ .
* /fli6«o :t/df kf]if0fsf] jsfnt / ;fdflhs kl/rfng ;DjGwL uf]i7L, tflnd ;+rfng ug]{ .
* kf]if0fsf] dxTj / hgr]tgf hufpg] p2]Zon] kf]if0f ;Ktfx dgfpg] .
* kf]if0f of]hgfx?df laleGg lqmofsnfkx? h:t} la:tfl/t vf]k sfo{qmd, afn/f]usf] Plss[t Joj:yfkg sfo{qmd, dft[lzz' tyf kl/jf/ lgof]hg sfo{qmd nfO{ Plss[t tyf ;dfa]; ug]{ .

**cf=j= @)&\*.)&( df ;~+rflnt kf]if0f ;DaGwL lqmofsnfkx?**

* jRrfnfO{ s['kf]lift x'gaf6 hf]ufpg @ jif{;Dd slDtdf @$ k6s tf}n lng] / aRrfsf] kf]if0fsf] l:ytL yfxf kfO{ ;f] jf/] cfdfnfO{ ;';"lrt ug]{ .
* ;j} :jf:Yo ;+:yf, vf]k lSnlgs / ufpF3/ lSnlgsx?df % jif{ eGbf d'lgsf jfnjflnsfx?sf] j[l4 cg'udg .
* lhNnfsf ;j} :jf:Yo ;+:yfx? tyf ufpF3/ lSnlgsx?af6 / ;j} -!@%$ hgf\_ dlxnf ;fd'bflos :jf:Yo :jo+ ;]jsx?af6 ue{jtL tyf;'Ts]/L dlxnfnfO{ cfO/g rSsL ljt/0f .
* :jf:Yosld{x? / dlxnf ;fd'bflos :jf:Yo :jo+ ;]jsx?af6 kf]if0f :jf:Yo ;D+jGwL hfgsf/L ;"rgf k|bfg .
* ;j} jf8{x?df a};fv / sflt{s dlxgfdf x/]s ^ dlxgf b]lv %(dlxgf;Ddsf jfnjflnsfx?nfO{ le6fldg …P/ h'sfsf] cf}ifwL cfd ?kdf v'jfpg] cleofg ;+rfng .
* cfdfsf] b'wsf] dxTsf jf/]df hfgsf/L u/fpg ljZj :tgkfg ;Ktfx -cui6 ! b]lv & ;Dd\_ ljljw sfo{qmdsf ;fy ;+rfng .
* k|To]s jif{ h]i7 ! ut] b]lv & ut] ;Dd ;KtfxJofkL ?kdf kf]if0f sfo{qmdnfO{ k|jw{g ug{ kf]if0fo'Qm vfgfsf] k|bz{g, v'jfpg] k4tL, ljb\ofno :jf:Yo lzIff, :yfgLo vfgfnfO{ k|f]T;fxg ug]{ lqmofsnfk u/L kf]if0f;DalGw ;r]tgf clea[l4 ul/Psf] .
* cfof]l8gsf] sldaf6 arfpg / o;sf] jf/]df Februarydlxgf JofkL ljleGg sfo{qmd ;+rfng u/L jsfnt (Advocacy);+rfng .
* le6fldg P tyf cnlaG8fhf]n ljt/0f sfo{qmdsf] ;'kl/a]If0f tyf cg'udg ul/Psf] .
* le6fldg P tyf cnlaG8fhf]n ljt/0f sfo{qmddf ;xefuL ePsf dlxnf :jf:Yo :jo+=;]ljsfx?sf nfuL kl/rfng eQf ljt/0f u/]sf] .
* ue{jtLnfO{ /utsf] sdL x'gaf6 hf]ufpg ue{ /x]sf] # dlxgf k'u]kl5 / aRrf hlGdPsf] $% lbg ;Dd x/]s lbg cfO/g rSsL v'jfpg], of] ;]jf d=;f=:jf=:j=;]= af6 klg pknAw u/fOPsf] ;fy} ue{jtL dlxnfn] ue{ /x]sf] $,^,\*/( dlxgfdf cfkm\gf] ue{sf] k/LIf0f u/fpg'kg]{ s'/fsf] hfgsf/L pknAw u/fOPsf] . ue{ /x]sf] # dlxgf k'u]k5L /Qm cNktfsf] ;fy} s'kf]if0faf6 hf]ufpg h'sfsf] cf}iflw pknAw u/fOPsf] .
* xhf/ ;'gf}nf lbgsf cfdf tyf aRrfx? nfO{ nlIft dfft[ tyf jfn :jf:Yo sfo{qmd cGtu{t s'kf]if0f jf6 arfpgsf] nflu ^ dlxgf b]lv @ aif{ ;Ddsf aRrfx?, ue{jtL dlxnf / ;'Ts]/L dlxnf nfO{ kf]if0f sf]z]nL pknAw u/fO{Psf] .
* ;'cfxf/f sfo{qmdsf] ;xof]udf kf]if0f ;DaGwL hgr]tgf hufpg] ljleGg lqmofsnfk ;d'bfo :t/ ;Dd ;+rfng ePsf] .

**lhNnfsf] ljut ltg jif{sf]] % jif{ d'gLsf jRrfsf] kf]if0f l:ytL -k|ltztdf\_**

pk/f]Qm tflnsfdf cf=j= )&^.)&& b]lv )&\*.)&( ;Ddsf @ jif{ d'lgsf jfnjflnsfx?sf] gof‘+ tf}n lnPsf] -a[l4 cg'udg\_ k|ltzt, gof‘+ tf}n lnPsf jfnjflnsfx? dWo] cf}ift e]6, @ jif{ eGbf tnsf afnaflnsfx?df k'0f{:tgkfg / ;dod} yk cfxf/f ;'?jft u/]sf] k|ltzt t'ngfTds ?kdf k|:t't ul/Psf] 5 . gof“ tf}lnPsf jfnjflnsfx?sf k|ltzt ljut cf=j=x?df eGbf cf=j= )&\*.)&( df a9]/ !))Ü k|ult ePsf] 5 eg] j[l4 cg'udg cGt/ut cf}ift e]6 ug]{ jRrf xf/fxf/Ldf # k6s ePsf] kfO{G5 . afnaflnsfx?df k'0f{:tgkfg / ;dod} yk cfxf/f ;'?jft u/]sf] cj:yf cGo cf=j=x?df eGbf o; cf=j=df s]lx j9L -@&%k'0f{:tgkfg j[4L / #! %;dod} yk cfxf/f ;'?jft u/]sf] j[4L) ePsf] b]lvG5 .;'cfxf/f sfo{qmd, Onsite coaching,MCHN sfo{qmd cGtu{t ue{jtL / ;'Ts]/L dlxnfx?nfO{ nlIft ljleGg kf]if0f sf]z]nL ljt/0f Pj+d hgr]tgf hfu/0f sfo{ x?sf] sf/0fn] j[l4 cg'udg a9]sf] / s'kf]lift aRrfsf] Screening sf] sf/0fn] ePsf] kfO{G5 .

**kflnsf cg';f/ cf=j= @)&\*÷)&( df gof“ tf}lnPsf jRrfx? / cf}ift e]6sf] k|ltzt**

kflnsf :t/sf] gof‘+ tf}n lnPsf] -a[l4 cg'udg\_ k|ltzt k|utL l:ylt x]bf{lju' uf=kf= sf] ;j}eGbf a9L !^#Ü/ ;j} eGbf sd lh/L g=kf= ^&Ü 5 eg] ;du| lhNnfsf] !)) Ü /x]sf] 5 .cf}zt e]6sf] k|utL l:ylt x]bf{d]n'Ë uf=kf= / lh/L g=kf sf] ;j}eGbf a9L ^/ ;j} eGbf sd lju', a}t]Zj/, uf}/Lz+s/ / ;}n'Ë uf=kf x?sf]= @ 5 . ;du| lhNnfsf] eg] # /x]sf] 5 .

**kflnsf cg';f/ cf=j= @)&\*÷)&( df k"0f{:tgkfg / ;dod} yk cfxf/f ;'?t u/fPsf jRrfx?sf] k|ltzt**

kflnsf :t/sf] k'0f{:tkfg u/fpg]sf] k|ltzt k|utL l:ylt x]bf{lju' uf=kf= sf] ;j}eGbf a9L !)(Ü/ ;a} eGbf sd lh/L g=kf= !# Ü 5 eg] ;du| lhNnfsf] ^( Ü /x]sf] 5 .;dod} yk cfxf/f ;'?jft u/fPsf] k|utL l:ylt x]bf{lju' uf=kf= ;j}eGbf a9L !)^Ü/ ;j} eGbf sd lh/L g=kf sf] !%Ü /x]sf] 5 . ;du| lhNnfsf] eg] ^& /x]sf] 5 .

**le6fldg P tyf cnljG8fhf]n cfd ljt/0f sfo{qmd**

**-lhNnfsf] ;dfli6ut k|utL)&\*÷&(**

pk/f]Qm ljj/0f @)&( a};fv dlxgfsf k|utL x'g\ . k|:t't tYof+s cg';f/ o; lhNnfsf];du| k|ult l:ylt ;sf/fTds b]lvG5 .cleofg cGtu{t ;~rfn ul/g] /fli6«o sfo{qmdx? h'g ^ dlxgfsf] cGt/fndf ;~rfng ul/G5g\.

**lgZsif{**

g]kfnsf] ;+ljwfgn] :jf:YonfO{ hgtfsf] cfwf/e"t clwsf/sf] ?kdf :yflkt u/]sf] 5 . oxL ;+a}wflgs Joj:yf Pj+ If]qLo tyf cGt/f{li6«o d~rdf hgfOPsf] k|lta4tf cg'?k u'0f:t/Lo :jf:Yo ;]jfdf ;a} gful/ssf] kx'Fr ;'lglZrt ug]{ sfo{df ;/sf/ lqmofzLn /xb} cfPsf] 5 . o;} ;Gbe{df lbuf] ljsf; nIo @)#) Pj+ ax'If]lqo kf]if0f of]hgf sfo{qmd -bf];|f]\_ ;d]tsf cfwf/df sfo{qmdx? sfof{Gjog u/L o; If]qsf] of]ubfgaf6 kf]if0f :jf:Yodf ;'wf/ NofO{ :j:y gful/s pTkfbg ug]{ / pTkfbsTjdf a[l4 u/L u/LaL Go"gLs/0fdf ;xof]u k'¥ofpg' cfhsf] cfjZostf ePsf] 5 .

**@=# ;d'bfodf cfwfl/t jfn/f]usf] Plss[t Joj:Yffkg sfo{qmd**

**Community Based Intrigated Management of Childhood Illness (CB- IMNCI)**

**k[i7e'ldM**

g]kfndf jif]{gL emf8f–kvfnf / Zjf;–k|Zjf; ;DaGwL /f]ux?af6 % jif{d'lgsf w]/} afnaflnsfsf] d[To' x'g] ub{Yof] . Zjf;–k|Zjf; ;DaGwL /f]ux?df lgdf]lgof d"Vo lyof] . oL b'a} /f]ux? afn d[To'sf k|d'v sf/0fx? lyP . ;g\!(\*# df emf8f–kvfnf /f]u lgoGq0f sfo{qmd / To;kl5 ;g\ !(\*& df emf8f–kvfnf tyf Zjf;–k|Zjf; /f]u lgoGq0f sfo{qmd (Control of Diarrheal Diseases and Acute Respiratory Infection: CDD-ARI Program) sf] gfddf ;~rfng x'Fb} cfPsf] of] sfo{qmd ;g\ !((^ kl5 afn /f]usf] PsLs[t Joj:yfkg sfo{qmd (Integrated Management of Childhood Illness: IMCI Program) sf] gfddf kl/jt{g eof] . o; sfo{qmdn] k|f/Dedf & lbgsf] lzz' b]lv % jif{;Ddsf afnaflnsfx?df b]lvg] d"Vo–d"Vo :jf:Yo ;d:ofx?nfO{ ;Daf]wg ug]{ gLlt /x]sf lyof] eg] xfn cfP/ ev}/} hGd]sf] lzz'sf] :jf:Yo ;d:ofx?nfO{ klg ;d]6]s]f 5 .gjhft lzz' :jf:Yo :t/df ;'wf/ u/L d[To'b/ 36fpg g]kfn ;/sf/n] ;d'bfodf cfwfl/t gjhftlzz' :ofxf/ sfo{qmdsf] ;'?jft u/]sf] 5 . ;g @))$ df :jLs[t ul/Psf] /fli6«o gjhft lzz' :jf:Yo /0flgltnfO{ cfwf/dflg ;d'bfodf cfwfl/t gjhft lzz' :ofxf/ sfo{qmdsf] lgdf{0f ePsf] 5 .

**nIoM**

* gjhft lzz' tyf % jif{ d'lgsf afnaflnsfx?sf] :jf:Yodf ;'wf/ ub}{ pgLx?sf] hLjg /Iff, :jf:Yo, j[l4 / ljsf;df of]ubfg k''¥ofpg] / la/fdLb/ tyf d[To'b/df pNn]Vo ;'wf/ Nofpg] .

**p2]Zo**

* cTofjZos gjhft lzz' :ofxf/nfO{ k|j4{g u/L gjhft lzz'x?df x'g] la/fdLb/ tyf d[To'b/ 36fpg] .
* gjhft lzz'x?df b]vf kg]{ d'Vo :jf:Yo ;d:ofx?sf] Joj:yfkg u/L la/fdL b/ tyf d[To'b/ 36fpg] .
* % jif{d'lgsf afnaflnsfdf x'g ;Sg] d'Vo :jf:Yo ;d:of tyf /f]usf] plrt Joj:yfkg u/L la/fdL b/ tyf d[To'b/ 36fpg] .

**cf=j=)&\*.&( df ;+rflnt lqmofsnfkx?**

* k'g{hlno emf]n ;fy} lh+s rSsL;j} :jf:Yo ;+:yfx? / d=:jf=:j=;]= ;d]t kl/rfng u/L lgoldt ljt/0f ul/Psf] .
* emf8f kvfnfsf] /f]syfd / pkrf/ ;+jGwL z}lIfs ;fdu|Lx? ljt/0f ul/Psf] .
* :jf:Yo ;+:yfx?df /x]sf k"g{hlno pkrf/ sg{/af6 k"g{hlno ;]jf lbg] ul/Psf] .
* :jf:Yo ;+:yfx?df /x]sf :jf:Yo lzIff sg{/jf6 emf8f kvfnfsf lj/fdLnfO{ pkrf/ ;]jf / :jf:Yo lzIff k|bfg ul/Psf] .
* emf8f kvfnfsf] dxfdf/L km}lnPdf To;sf] lgoGq0f ug{ lhNnf RRTnfO{ z;Qm jgfO{Psf] .
* % jif{ d'gLsf aRrfx?df emf8fkvfnfsf] pkrf/df lhÍ rSsLsf] k|of]u u/L pkrf/ ul/Psf] . ;j} :t/sf :jf:Yo sld{x? nufot d=:jf=:j+= ;]=nfO{ o;sf] k|of]uaf/] ;ldIff / cg'udgaf6 pkrf/ k|0ffnLnfO{Joj:yLt ul/Psf] .
* ;'cfxf/f sfo{qmd ;usf] ;dGjo / ;xsfo{df ;Dk"0f{ :jf:Yo ;+:yfx?df :ynut cg'lzIf0f sfo{qmd
* ;'cfxf/f sfo{qmd ;usf] k|fljlws ;xof]udf @ ;d'xdf u/L %) gof :jf:Yo sdL{x?nfO{ CBIMNCI ;DaGwL :jf:Yo sdL{ :t/Lo ^ lbg] tflnd ;+rfng .
* ;'cfxf/f sfo{qmdsf] ;xof]udf !\* hgf :jf:Yo sdL{x?nfO{ # lbg] CBIMNCI Coach/ ;dtf, kx'r / pkof]uLtf sfo{qmd ;DaGwL k|lzIfs k|lzIf0f tflnd ;+rfng .
* ;'cfxf/f sfo{qmdsf] ;xof]udf ;d'bfo:t/df afn tyf gjhft lzz' nlIft ;]jfx?df l;dfGts[t tyf k5f8L kf/LPsf ;d'bfosf] kx"r clej[l4 ug{sf nflu ;dtf, kx"r / pkof]uLtf sfo{qmd ;+rfng .

**lhNnfsf] cf=j=@)&^÷)&& – @)&\*÷)&(;Ddsf] emf8f kvfnf nfUg] b/ tyfhLjghn / lhSs rsL af6 pkrf/ u/fPsf]] l:ytLM**

pQm tflnsfdf cf=j= @)&^.&& b]lv cf=j= @)&\*.)&( ;Ddsf] % jif{ d'lgsf afnaflnafx?df emf8f kvfnf nfUg] b/ (Incidence Rate)/ % jif{ d'lgsf emf8fkvfnfsf lj/fdL dWo] hLjghn / lhSs rsL af6 pkrf/ u/fPsf] l:ytL k|:t't ul/Psf] 5 . lhNnfsf] ;du| l:ytL % jif{ eGbf d'lgsf kvfnf nfUg] b/ cf=j=)&^.&& df $(# k|lt !))) kf“r jif{ ;Ddsf aRrfx?df b]lvPsf]df o; cf=a)&\*.&(df%!$k|lt !))) /x]sf] 5 . of] cg'kft ut cf=j=sf] t'ngfdf s]xL a9L xf] . To;}u/L s'n emf8fkvfnfsf lj/fdL -% jif{ d'lgsf pd]/ ;d'xsf\_ dWo] hLjghn / lhSs rsL af6 pkrf/ u/fPsf] l:ytL o; cf=j df \*! Ü k|ltzt /x]sf] 5 h'g ljutsf] cf=j x?df eGbf 36\bf] 5 / cfufdL cf=j df ;'wf/ u/fpg kg]{ 5 .

**kflnsf cg';f/ cf=j= @)&\*÷&( df emf8f kvfnf nfUg] b/ / pkrf/ k|ult**

pk/f]Qm tflnsfdf kflnsf cg';f/cf=j= @)&\*.)&( sf] % jif{ d'lgsf afnaflnafx?df emf8f kvfnf nfUg] b/ (Incidence Rate)/ % jif{ d'lgsf emf8fkvfnfsf lj/fdL dWo] hLjghn / lhSs rsL af6 pkrf/ u/fPsf] l:ytL k|:t't ul/Psf] 5 . kflnsf :t/sf] kvfnf nfUg] b/sf] l:ylt x]bf{ uf}/Lz+s/ uf=kf= sf] ;j}eGbf a9L (#%/ ;a} eGbf sd led]Zj/ g=kf=df @%@ 5 eg] ;du| lhNnfsf] %!$ /x]sf] 5 .To;}u/L s'n emf8fkvfnfsf lj/fdL -% jif{ d'lgsf pd]/ ;d'xsf\_ dWo] hLjghn / lhSs rsL af6 pkrf/ u/fPsf] l:ytLx]bf{ tfdfsf]zL uf=kf= ;j}eGbf a9L !))Ü/ ;j} eGbf sd uf}/Lz+s/ uf=kf sf] %%Ü /x]sf] 5 . ;du| lhNnfsf] eg] \*! k|ltzt /x]sf] 5 .

**lhNnfsf] cf=j= )&^.&& b]lv )&\*.&( df b]lvPsf] :jf; k|Zjf; /f]usf] l:ylt**

dfyLsf] tYofÍ ljin]if0f ubf{ cf=j=)&^÷&& df bf]nvf lhNnf e/L% jif{ d'lgsf afnaflnafx?df gof“ Zjf; k|Zjf;sf lj/fdL b/ / lgdf]lgofsf] la/fdL!)(( / (^ k|lt xhf/df b]lvG5 eg] cf=j= )&\*÷)&( df s]xL a9]/ !$!% / !!! k|lt xhf/df b]lvG5 . To;}u/L s'n lgdf]lgof lj/fdL -% jif{ d'lgsf pd]/ ;d'xsf\_ dWo] Pdf]S;Llng PlG6afof]l6 af6 pkrf/ u/fPsf] l:ytLo; cf=j df !)! Ü k|ltzt /x]sf] 5 h'g ljutsf] cf=j x?df eGbf a6\bf] 5.

**kflnsf cg';f/ s'n Zjf; k|Zjf; lj/fdL dWo] cf=j= @)&\*.)&( df b]lvPsf] lgdf]lgof /f]usf] l:ylt**

pk/f]Qm tflnsfdf kflnsf cg';f/cf=j= @)&\*.)&( sf] % jif{ d'lgsf afnaflnafx?df lgdf]lgof nfUg] b/ (Incidence Rate)/ lgdf]lgof lj/fdL sf]]Pdf]S;Llng PlG6afof]l6af6 pkrf/ u/fPsf] l:ytL k|:t't ul/Psf] 5 . kflnsf :t/sf] lgdf]lgof nfUg] b/ l:ylt x]bf{tfdfsf]zL uf=kf= sf] ;j}eGbf a9L @$\* / ;a} eGbf sd uf}/Lz+s/ / a}t]Zj/ uf=kf=df !&k|tL Ps xhf/df5 eg] ;du| lhNnfsf] !!! /x]sf] 5 .To;}u/L s'n lgdf]lgof lj/fdL dWo] Pdf]S;Llng PlG6afof]l6 af6 pkrf/ u/fPsf] l:ytLx]bf{ d]n''Ë uf=kf= ;j}eGbf a9L !)&Ü/ ;j} eGbf sd lh/L g=kf= sf] &^Ü /x]sf] 5 . ;du| lhNnfsf] eg] !)! k|ltzt /x]sf] 5 .

**CB-IMCIsfo{qmdsf] lg:sif{**

cf=j= )&&÷&\* / cf=j &\*÷&( df o; lhNnfdf CBIMNCI ;DfaGwL tflnd, / :ynut cg'lzIf0f sfo{qmd;Dk"0f{ :jf:Yo ;+:yfx?df ;+rfng ePsf] x'bfF /f]usf] juL{s/0f / pkrf/ ug{ :jf:YosdL{nfO{ ;xh ePsf] 5 ;fy}] clen]v ty k|ltj]bg tyfof+s u'0f:t/ ;'wf/ ePsf] 5 .

**@=$ kl/jf/ :jf:Yo sfo{qmd**

**kl/jf/ of]hgf sfo{qmd (Family Planning Programme)**

**k[i7e"dL(Background)**

/fli6«o :jf:Yo gLlt cg';f/ ;fgf] Pj+ ;'vL kl/jf/sf] cjwf/0ffnfO{ ;d'bfo :t/ ;Dd k'¥ofpg ljleGg txdf /x]sf :jf:Yo ;+:yfx? c:ktfn, k|fylds :jf:Yo s]Gb|, :jf:Yo rf}ls, cfwf/e't :jf:Yo s]Gb|, ufp“3/ lSnlgs Pj+ 3'DtL lzlj/sf] dfWodjf6 u'0f:t/Lo kl/jf/ of]hgf ;]jf k'¥ofpg] gLlt /x]sf] 5 . ;/sf/sf] of] gLltdf u}/ ;/sf/L lgsfo, ;fdflhs / Jofkfl/s ;+u7g Pj+ gLlh k|fS6L;g/x?sf] klg ;xeflutfsf] ck]Iff /x]sf] kfOG5 . ;d'bfo :t/df /x]sf dlxnf ;fd'bflos :jo+ ;]ljsfnfO{ clwstd kl/rfng u/L kl/jf/ of]hgfsf ;fwg dWo] s08d / lkN; k'gM ljt/0f ug]{ sfo{ klg eO{ /x]sf] 5 .

**p2]Zo(Objectives)**

k|hgg :jf:Yosf] ;Gbe{ leq kl/jf/ of]hgf sfo{qmdn] JolQmut ?kdf jf bDklQnfO{ lgDg lnlvt t/Lsfaf6 ;xof]u u5{ .

* pko"Qm hGdfGt/ sfod ug]{
* pko"Qm pd]/df dfq ue{wf/0f ug{
* clglR5t ue{wf/0fnfO{ /f]Sg
* ;fgf] tyf Aojl:yt kl/jf/ lgdf{0f ug{
* ;du| k|hgg :jf:Yodf ;'wf/ ug{ .

**/0fgLlt(Strategies)**

* l9nf] ljjfx ug]{, s]xL jif{sf cGt/fndf aRrf hGdfpg] / of]hgfa4 kl/jf/sf] cjwf/0ffnfO{ :jf:Yo lzIff, ;"rgf tyf ;+rf/sf] dfWodaf6 ;j}nfO{ 1fg lbg] .
* k|hgg\ :jf:Yo ;]jf / kl/jf/ of]hgf ;]jfnfO{ ;+:yfut / 3'DtL Pj+ :of6]nfO6 ;]jfsf ?kdf ;xh ?kdf pknJw u/fpg]
* jif{ e/L g} c:ktfn / k|fylds :jf:Yo s]Gb| :t/df ;+:yfut ?kdf kl/jf/ of]hgfc:yfO / :yfO ;]jf pknAw u/fpg], cGo u|fdL0f e]usf nflu 3'DtL :jf:Yo lzlj/x? dfkm{t kl/jf/ of]hgfsf] :yfO{ ;]jf lgoldt ?kdf ;+rfng ug]{ .
* ODKnfG6 / cfO{=o"==;L=8L= ;]jfnfO{ lhNnf leqsf pko"Qm lgsfox?;Dd lj:tf/ ug]{ tyf :of6]nfO6 lSnlgs dfkm{t oL ;]jfx? sf] kx'“r lj:tf/ ug]{
* kl/jf/ of]hgf ;]jfsf] u'0f:tl/otf sfod /fVgsf nfuL k/fdz{ ;]jf, ;+qmd0f lgoGq0f, k|lts"n c;/sf] Joj:yfkg / hl6ntfx?sf] Joj:yfkg /fli6«o lrlsT;fsf] dfkb08 d'tfljs ;+rfng ug]{ .
* kl/jf/ of]hgf ;]jfnfO{ ;'l/Ift ue{ktg ;]jf / ;'/lIft k|;'tL ;]jf;Fu qmdz Plss[t ub}{ n}hfg] .
* d=;f=:jf=:j=;]=af6 s08d ljt/0f / lkN;sf] k'gM ljt/0f ug]{ .

**cf=j= )&\*.)&( df ;+rflnt lqmofsnfkx?**

* lhNnf leqsf ;+k"0f{ :jf:Yo ;+:yf -c:ktfn, k|f=:jf=s]= :jf=rf}=, cfwf/e't= / ufpF3/ lSnlgs\_ af6 kl/jf/ of]hgfsf c:yfO{ ;fwg -l8kf], lkN;, s08d, ODKnfG6 / cfO{=o"==;L=8L=\_ lgoldt ?kdf pknJw u/fO{Psf] .
* :jf:Yo ;+:yfx?df sfo{/t :jf:Yo sld{x?n] kl/jf/ of]hgf ;DaGwL k/fdz{ ;]jf k|bfg u/L kl/jf/ of]hgf k|of]ustf{nfO{ pko"Qm ;fwg 5gf}6 ug]{ df}sf k|bfg u/]sf] .
* d=;f=:jf=:j=;]=x?jf6 ;d'bfo :t/df lgoldt s08d ljt/0f / lkN;sf] k'g M ljt/0f ug]{ sfo{ ug'{sf ;fy} k=of]=sf cGo ;fwg ckgfpg rfxg]nfO{ ufp“3/ lSnlgs jf glhssf] :jf:Yo ;+:yfdf k|]if0f ug]{ k4tLsf] ljsf; ul/Psf] .
* lgoldt ?kdf ;j} :jf:Yo ;+:yfx?df kl/jf/ of]hgf ;+jGwL BCC ;fdu|Lx? ljt/0f ul/Psf] .
* kl/jf/ of]hgf lqmofsnfksf] lgoldt ;'kl/j]If0f / cg'udg ul/Psf] .
* kl/jf/ of]hgfsf]] nfdf] cjlwsf] ;fwg sf] ;]jf k|bfg ug{ sf] nflu:of6]nfO6 lSnlgs ;+rfng ul/Psf] .

**lhNnf / kflnsf cg';f/ cf=j= @)&\*.)&( df xfn c:yfoL ;fwg k|of]ustf{**

k|:t't tflnsf cg'?k cf=j= )&\*.&( df lhNnfsf] xfn s'n c:yfO{ ;fwg ckgfpg]sf] ;+Vof dWo], ;a} eGbf a9L l8=kf]= #!@^, ODKnfG6 #))), s08d ^\*$, lkN; ^@% / cfO{ l;=l8 #%\* /x]sf] 5 .

**lhNnf / kflnsf cg';f/ ljut # jif{sf] kl/jf/ lgof]hg k|of]ustf{(CPR)sf] cj:yf**

dflysf] tflnsfdf lhNnf / kflnsf cg';f/cf=j= @)&^.&& b]lv cf=j=@)&\*.)&( ;Ddsf] cfw'lgs kl/jf/ of]hgfsf] ;fwg k|of]u b/ (Contraceptive Prevalence Rate)sf]] l:ytL k|:t't ul/Psf] 5 .pQm tYofÍ ljin]if0f ubf{ cf=j=)&^÷&& df bf]nvf lhNnf e/Lcfw'lgs kl/jf/ of]hgfsf] ;fwg k|of]u b/ !( k|ltzt b]lvG5 eg] cf=j= )&\*÷)&( df s]xL a9]/ @% k|ltzt b]lvG5 . To;}u/L ;a} klnsfx?df klg ljutsf] cf=j x?df eGbf] cfw'lgs kl/jf/ of]hgfsf] ;fwg k|of]u b/ a6\bf]5.

**@=% dlxnf :jf:Yo :jo+;]ljsf sfo{qmd**

**Female Community Health Volunteer Programme**

**k[i7e"dL(Background)**

g]kfnsf] ;+ljwfgn] :jf:YonfO{ Ps cfwf/e"t df}lns xssf] ¿kdf :yflkt u/]sf] 5 eg] pSt ;+ljwfg k|bQ :jf:Yo;DaGwL clwsf/nfO{ ;a} gful/sn] pkef]u ug{ kfpg] cj;/sf] l;h{gf ug{ /fli6«o :jf:Yo gLlt, @)&^ hf/L ePsf] 5 . b]z ;+3Lotf ;+/rgfdf uPcg';f/ ;ª\3, k|b]z / :yfgLo txsf] e"ldsf to ePsf] 5 . ;+ljwfgsf] dd{cg';f/ /fli6«o :jf:Yo gLlt, @)&^ sf] ^=^ sf] /0fgLlt g+ ^=^=^ df :jf:Yo ;]jfdf :jo+;]jssf] cjwf/0ffnfO{ ljsf; ub}{ dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] kl/rfng tyf Joj:yfkg :yfgLo txaf6 ug{ lgb]{zg u/]sf] 5 . To;} u/L :yfgLo txsf] Psn clwsf/ / sfo{df cfwf/e"t :jf:Yo / ;/;kmfO pNn]v ePsf]n], :yfgLo :t/df cfwf/e"t :jf:Yosf] pkof]udf j[l4 tyf ;/;kmfOsf] ;'wf/df dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] dxTjk"0f{ e"ldsf /xg]5 . g]kfnsf] ;+ljwfgsf] dd{, /fli6«o :jf:Yo gLltsf] efjgf, g]kfnn] /fli6«o tyf cGt/f{li6«o If]qdf hgfPsf] k|lta4tf / :jf:Yo If]qdf b]vf k/]sf sltko kl/jt{gx¿nfO{ ;Daf]wg ug{sf nflu dlxnf ;fd'bflos :jf:Yo :jo+;]ljsf /fli6«o /0fgLlt,@)^& nfO{ kl/dfh{g u/L of] /fli6«o dlxnf ;fd'bflos :jf:Yo :jo+;]ljsf sfo{qmd /0fgLlt @)^& -klxnf] ;+zf]wg, @)&^\_ nfu' ul/Psf] 5 . u|fld0f If]qsf cfdf tyf aRrfsf] :jf:Yo :t/df ;'wf/ Nofpg cfjZos k|ltsf/fTds / k|aw{gfTds ;]jf k'¥ofpg] pb]Zon] of] sfo{qmd la=;+= @)$% ;fn -;g\ !(\*\*÷!(\*(\_ b]lv z'? ePsf] xf] . dlxnf ;fd'bflos :jf:Yo :jo+;]ljsf sfo{qmdnfO{ cem ;'b[9 ug{ k|To]s ufp ljsf; ;ldltdf sf]if :yfkgf ug]{ /0fgLlt tyf ^) jif{ pd]/ k'u]sf dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfx¿nfO{ ;Ddfgk"j{s labfO ug'{kg]{ s'/f cf}FNofPsf] lyof]. g]kfnn] :jf:Yo If]qsf] ;x;|fAbL ljsf; nIodf u/]sf] k|ultdf dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] e"ldsf pNn]vgLo /x]sf] 5 . hgtfsf] :jf:Yo l:yltdf b]lvPsf] qmlds ;'wf/ d'VotM dft[ d[To'b/, lzz' d[To'b/ tyf afn d[To'b/df cfPsf] sdLdf dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfx¿sf] ;lqmo e"ldsfnfO{ g]kfn ;/sf/n] pRr d'Nof+sg u/]sf] 5 . lbuf] ljsf; nIo xfl;n ug{sf nflu :jf:Yosf] If]qdf dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] e"ldsf :ki6 b]lvG5 . /fli6«o :jf:Yo If]q ;'wf/ sfof{Gjog of]hgfn] ;ª\ul7t / ;'Jojl:yt :jf:Yo If]qaf6 pknAw u/fOg] cTofjZos :jf:Yo;]jfdf pkof]lutf j[l4 u/L g]kfnL hgtfsf] :jf:Yo :t/df ;'wf/ Nofpg] k|lta4tf sfod /fv]sf] 5 . o;sf nflu ;d'bfodf dlxnf ;fd'bflos :jf:Yo :jo+;]ljsf Ps cfwf/e"t :tDesf] ¿kdf lnPsf] 5 . pknAw :jf:Yo ;]jfsf] pkof]u b/df pNn]Vo ¿kdf j[l4 x'g g;s]sf] tyf u|fdL0f If]qdf la/fdL tyf d[To'b/ klg t'ngfTds ¿kdf sd x'g g;s]sf] ;Gbe{df dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] e"ldsfnfO{ gofF ;Defjgfsf] ¿kdf ljsl;t / lqmofzLn u/fpg pkof]uL x'g] b]lvG5 . cfwf/e"t :jf:Yo ;]jfsf] Kofs]hcg';f/sf] ;]jfsf] ;j{JofkL kxF'r clej[l4 ug{sf nflu klg ;d'bfodf :jf:Yo ;+:yf / ;d'bfosf] aLrdf a;]/ sfd ug]{, :jf:Yo hgr]tgf hufpg] tyf :jf:Yo cleofgdf nfUg] dlxnf ;fd'bflos :jf:Yo :jo+;]ljsfsf] e"ldsf ckl/xfo{ 5 .

**nIo** (Target)

Dflxnf ;zQmLs/0f tyf ;xeflutfsf] dfWodåf/f hg;d'bfosf] k|jw{gfTds / k|ltsf/fTds :jf:Yodf ;'wf/ NofO{ :jf:Yo;DaGwL :yfgLo tyf /fli6«o nIo xfl;n ug]{ sfo{df ;xof]u k'¥ofpg] nIo of] /0fgLltn] lnPsf] 5 ..

**p2]Zox?(Objectives)**

!\_ :jf:Yo ;DalGw cTofaZos 1fg ;Lk k|bfg u/]/ :yfgLo :t/df :jf:Yo ;d:of ;dfwfg ug{ dlxnfx?nfO{ ;lqmo agfpg] .

@\_ :jf:Yo sfo{qmdx?nfO{ ;d'bfo ;Dd k'¥ofpg ;Dks{ JolQmsf] ?kdf sfo{ ug{ OR5's :jo+;]ljx? tof/ ug]{ .

#\_ ;d'bfodf cflwfl/t :jf:Yo sfo{qmd cGtu{t :jf:Yo ;]jfx? k|bfg ug{ :jo+;]ljx? tof/ ug]{

$\_ ;fd'bflos :jf:Yosf] ljsf;df ;d'bfosf] ;xeflutf clea'l4 ug]{ .

%\_ :yfgLo :t/df :jf:Yo ;+Rffl/sfsf] ?kdf ljsf; ug]{ .

^\_ pknAw :jf:Yo ;]jfdf dfu a[l4 u/L :jf:Yo ;]jfsf] pkof]udf a[l4 ug]{ .

**/0fgLlt(Strategies)**

!= :yfgLo dlxnfsf] ;d"x kl/rfng u/L 3/3/df :jf:Yo ;"rgfx¿ k|jfx u/L ;]jfsf] pkof]udf j[l4 ul/g]5 .

@= :jf:Yo ;+:yf / ;d'bfosf] aLr ;+jfxssf] ¿kdf sfo{ ug]{ :jo+;]ljsfx¿ tof/ ul/g]5 h;n] :jf:Yodf hg;xeflutf clej[l4 u/L hgr]tgf tyf ;]jfsf] pkof]lutf a9fpg]5 .

#= :yfgLo dlxnfx¿sf] Ifdtf clej[l4 u/L pgLx¿s} ;lqmotfdf ;fd'bflos :jf:Yo ;'b[9Ls/0f ul/g]5 .

$= ;fd'bflos :jf:Yo sfo{qmddf :jf:Yo;+:yfdf sfo{/t :jf:YosdL{x¿sf] e"ldsf a9fO{ :yfgLo ;d'bfo;Fu ;xof]usf] cfbfgk|bfg tyf ;xsfo{ ul/g]5 .

%= ;fd'bflos :jf:Yo sfo{qmddf :yfgLo ;/sf/sf] ;xeflutf tyf ckgTj ljsf; ul/g]5 .

^= :yfgLo, k|fb]lzs / ;+3Lo ;/sf/sf] ;dGjo / ;xsfo{df ;fd'bflos :jf:Yo sfo{qmd ;'b[9Ls/0f ul/g]5

**cf=j=@)&\*.&( df ;~rflnt lqmofsnfkx?(Activities)**

o; cf=j=df d=;f=:jf=:j=;]= ;DjGwL ljleGg lqmofsnfkx? lh=:jf=sf=, c:ktfn, k|f=:jf=s]=, :jf=rf}= / cfwf/e't :jf:Yo s]Gb|= :t/df ;+rfng ul/Psf] lyof] . d'Vo lqmofsnfkx? lgDg lnlvt 5g\ .

* dlxnf ;fd'bflos :jf:Yo :jo+ ;]ljsf lbj; dgfO{Psf]
* dlxnf ;fd'bflos :jf:Yo :jo+ ;]ljsfnfO{kf]iffs eQf k|bfg ul/Psf] .
* cw{jflif{s ?kdf ;+rfng x'g] ^ dlxgf b]lv % jif{ ;Ddsf aRrfx?nfO{ ld6fldg æPÆ SofK;'n v'jfpg] sfo{ ;DkGg ul/Psf] / ;fydf !–% jif{sf aRrfnfO{ h'sfsf] cf}ifwL ljt/0f d=;f=:jf=:j=;]=dfkm{t ul/Psf] .
* ufFp3/ lSnlgs / vf]k lSnlgs ;+rfngdf ;DalGwt j8fdf sfo{/t dlxnf :jf:Yo :jo+;]ljsf jf6 ;xof]u .
* ;d'bfodf cfwfl/t jfn/f]usf] P\sLs[t Joj:yfkg tflnd lnO{ ;s]sf ;Dk"0f{ d=;f=:jf=:j=;]jsx?af6 % jif{ eGbf d'lgsf jfnaflnsfx?nfO{ k'g{hlno emf]n / lhÍ rSsLaf6 emf8fkvfnfsf] pkrf/ ;d'bfo :t/df k|bfg ul/Psf].
* lb3{sflng ;]jf u/]sfdlxnf ;fd'bflos :jf:Yo :jo+ ;]ljsfx?nfO{ pxf“x?n] :jf:Yo ;]jfsf] If]qdf k'¥ofpg' ePsf] of]ubfgsf] pRr d'Nof+sg ub}{{ ! hgfnfO{ ? @),))).– b/n] @$ hgfnfO{ lat/0f u/L ;Ddfg k"j{s ljbfO{ ul/Psf] .
* dfl;s j}7sdf lgoldt k|ltj]bg k|fKt x'g] u/]sf] .
* :jf:Yo cfdf ;d'x k"ghf{u/0f
* gofF dlxnf ;fd'bflos :jf:Yo :jo+ ;]ljsfx?nfO{ !) lbg] cfwf/e't tflnd ;+rfng

**dlxnf ;fd'bflos :jf:Yo :jod ;]jLsf cfwf/e"t tflnd ljj/0f**

**Tflnd ;+rfng ldlt M @)&(÷)@÷@^ ut] b]lv )#÷#! ut] ;Dd**

**Tflnd ;+rfng :yfg M ;j} :yflgo tx**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **lhNnfdf sfo{/t hDdf d=;f=:jf=:j=;]** | **o; cl3 cfwf/e"t tflnd gkfPsf d=;f=:jf=:j=;]** | **o; aif{ cfwf/e"t tflnd kfPsf ;+Vof** | **cfwf/e"t tflnd kfpg 5'6 ePsf ;+Vof** | **o; aif{ ;Ddfg hgs labfO{ ePsf ;+Vof** |
| !@%$ hgf | @^) hgf | @@! hgf | #( hgf | @$ hgf |

**lhNnf / Kfflnsf cg';f/ cf=j=@)&^÷&& b]vL cf=j @)&\*.)&( df d=:jf=:j=;]=4f/f ;Dkflbt cfdf ;d"xsf] j}7s k|utL**

dfyLsf] tYofÍ ljin]if0f ubf{ cf=j=)&^÷&& df bf]nvf lhNnf e/Ldlxnf ;fd'bflos :jf:Yo :jo+ ;]ljsfx? 4f/f ;Dkflbt :jf:Yo cfdf ;d'xsf] a}a7 k|utL l:ylt ($ k|ltzt b]lvG5 eg] cf=j= )&\*÷)&( df a9]/ (& k|ltzt b]lvG5 .

**@=^ ;'/lIft dft[Tj sfo{qmd(Safe Motherhood Programme )**

**k[i7e"dL**(Background)

;'/lIft dft[Tj sfo{qmdnfO{ ljsf; ug{ / ;kmntfk'j{s sfof{Gjog ug{sf] nflu g]kfn ;/sf/n] ax'klIfo b[i6Lsf]0fnfO{(Multi - Sectoral Approach) ckgfPsf] kfO{G5 . h;n] ubf{ ;+k"0f{ If]qdf k|hgg :jf:Yo ;]jfnfO{ ;'b[9Ls/0f ug{ dåt k'u]sf] 5 . jx'klIfo b[i6Lsf]0f lhNnf:t/ / Tof] eGbf tNnf] :t/sf :jf:Yo lgsfox? / :jf:Yo b]lv jfx]ssf lgsfox?jf6 ;+rflnt 5g\ . h;n] ubf{ /fli6«o :jf:Yo gLlt cg';f/ k|hgg :jf:Yodf ck]lIft ;'wf/ ePsf] kfO{G5 .

;'/lIft dft[Tj sfo{qmdsf] d'Vo sfo{ cfdf / gjhft lzz'sf] d[To'b/ 36fpg' xf] . pRr dft[ d[To'b/ x'g] k|d'v sf/0fx?df ue{jtL cj:yfdf b]lvg] hl6ntf / aRrf hGdfpbf pTkGg x'g] vt/fnfO{ dflgG5 . ue{jtL cj:yfdf jRrf hGdfpFbf b]lvg] vt/fnfO{ c1fgtfj;\ u|fld0f If]qsf ;d'bfodf # j6f l9nfO{n] cem ;d:of ykLlbPsf] kfO{G5 . lt # j6f l9nfO{df –pkrf/df n}hfg ul/g] lg0f{odf l9nfO{, :jf:Yo ;+:yfdf pkrf/sf] nflu k'¥ofpg l9nfO{ / :jf:Yo ;+:yfdf klg pkrf/df x'g] l9nfO{nfO{ d'Vo ;d:ofsf] ?kdf klxrfg ul/Psf] 5 .

**p2]Zo(Objectives)**

* lhNnf c:ktfn / u|fld0f :t/df /x]sf :jf:Yo ;+:yf ljr k|efjsf/L k|]if0f k|0ffnL :yfkgf ug]{ .
* :jf:Yo lzIff, ;'rgf tyf ;+rf/ / ;d'bfo ;xeflutfsf] dfWodjf6 cfdf / gjhft lzz'sf] :jf:Yo l:ytLsf] hf]lvd cj:yf / cfs:dLs cj:yfsf] tof/Lsf] af/]df hgr]tgf j[l4 ug]{ .
* cfdf / aRrfsf] :jf:Yo ;]jfsf] ;'ljwf, kx“'r / pkef]u j[l4 ug]{ . of] ;]jf ljz]ifu/L k|;'tL ;]jf / cfs:dLs k|;'tL ;]jfdf s]lGb|t /xg] 5 .
* ;j} :t/sf :jf:Yo ;+:yfx?nfO{ u'0f:tl/o k|;'tL ;]jf, hLjg ;'/Iffsf] ;]jf k'¥ofpgsf] nflu k|fljlws Ifdtf j[l4 ug]{ .
* c;'/lIft ue{ktg / clgR5's ue{wf/0f /f]Sgsf nflu / s]xL ;dosf] cGt/fndf jRrf hGdfpgsf nflu cfjZos kg]{ kl/jf/ lgof]hgsf c:yfO{ ;fwgx?sf] pknAwtfdf j[l4 ug]{ .
* ;'/lIft ue{ktg / ue{ktg kl5sf] ;]jf lj:tf/ u/L c;'/lIft ue{ktg / o;sf] sf/0fn] x'g] hl6ntfsf] /f]syfd ug]{ .
* ;/f]sf/jfnf cGt/;+:yf ;dGjo lj:tf/ u/L dlxnfsf] sfg'gL, ;fdflhs / cfly{s :t/ j[l4 u/fpg jsfnt sfo{ ug]{ .

**d'Vo p2]Zo(Goal)**

ue{jtLsf] cj:yfdf ;'Ts]/L x'g] ;do / ;'Ts]/L kl5sf] cj:yfdf cfdf / gjhft lzz'sf] d[To' / /f]ub/df sld Nofpgsf] nflu :jf:Yo;“u ;DjGwLt / :jf:Yo b]lv jfx]ssf cGo pkfox?sf] cjnDjg ul/g] 5 .

**/0flglt(Strategies)**

* ;'/lIft dft[Tjsf] ;Gbe{df o;sf] jsfnt (Advocacy)/ k|ltj4tfsf] nfuL ;+:yfut ?kdf ;dGjo lj:tf/ ug]{ .
* :jf:Yo ;+u7g cGt/ut ;Dk"0f{ lgsfodf k|;'tL ;]jf / kl/jf/ lgof]hg ;]jfnfO{ ;'b[9Ls/0f ug]{ .
* Birth Preparedness / Complication Readiness nfO{ FCHVs dfkm{t ;d'bfodf cfwfl/t hgr]tgfnfO{ ;'b[9Ls/0f ug]{ .
* d=;f=:jf=:j=;]= 4f/f ;d'bfo:t/df k'¥ofpg] k|;'tL ;]jfnfO{ ;'b[9Ls/0f ug]{ .
* ;'/lIft dft[Tj sfo{qmddf cg';Gwfg sfo{ ug]{ .
* ;d'bfo / kl/jf/df dlxnf dxTjsf] :t/nfO{ j9fjf lbO{ dft[d[To'b/ / /f]ub/ 36fpg] .
* ;d'bfodf dlxnfsf] :t/ a9fpgsf nflu ;xof]ufTds lqmofsnfkx? ;+rfng ug]{ .

**cf=j= @)&\*.)&( df ul/Psf k|d'v lqmofsnfkx?**

* lhNnfsf ;j} :jf:Yo lgsfox?af6 k"j{ k|;'tL (ANC) ;]jfk'¥ofO{Psf] .
* c:ktfn, k|f=:jf=s]=, :jf=rf} x? dfkm{t k|;'tL ;]jf k'¥ofO{Psf] .
* ;j} :jf:Yo ;+:yfx? dfkm{t pQ/ k|;'tL ;]jf k'¥ofO{Psf] .
* aly{ª ;]G6/ ;lxtsf :jf:Yo ;+:yfx?df jRrf hGdfPsf dlxnfnfO{ ;Dk"0f{ ;'Ts]/L ;]jf lgz'Ns tyf oftfoft vr{ pknJw u/fOPsf] .
* ljleGg :jf:Yo ;+:yfsf c=g=dL=x?nfO{ SBA tflnd pknAw u/fPsf] .
* cfdf ;'/Iff sfo{qmd lghL :jf:Yo ;+:yf;+u ;dGjo u/L ;~rfng ul/Psf] .
* lhNnf c:ktfndfCEOCtyf @$ ;} 306f jly{ª ;]G6/ ;+rfngsf] nflu ljz]if1 8fS6/ ;lxtsf] 6Ld sf] Joj:yf ul/Psf] .
* len]h cN6«f;fp08 sfo{qmd ;+rfng ul/Psf].
* jly{ª ;]G6/ nufot :jf:Yo ;+:yfx?df sfo{/t g;{ tyf c=g=dLnfO{ lSnlgsn ck8]6 sfo{qmd ul/Psf] .

**lhNnfsf] ljut # jif{df dft[;]jf sfo{qmdsf dxTjk"0f{ ;"rsx?**

dflysf] tflnsf cg';f/ s'g} klxnf] k6s ue{jtL hf“r ul/Psf dlxnfsf] ;+Vof cf=j= @)&^.)&&,cf=j= @)&&.)&\* eGbf cf=j= @)&\*.)&( a[l4 eO{ !)\*Ü k'u]sf] 5 . k|f]6sn cg';f/ rf}yf] k6ssf] hfFrdf cf=j= @)&^.)&& df %$ Ü lyof] eg] cf=j= @)&\*.)&( df a[l4 eO{ \*)Ü /x]sf] 5 . cGo ;'/lIft dft[Tj sfo{qmdsf ;"rsx? :jf:Yo ;+:yfdf ;'Ts/L, pQ/ k|;'lt hfFr ;]jfdfklg a[l4 cfPsf] 5, h;sf] sf/0f tflnd k|fKt :jf:YosdL{ sf] Joj:yfkg, :ynut cg'lzIf0f, ue{jtL / ;'Ts]/L dlxnfx?nfO k|f]T;fxg eQf pknAw, :jf:Yo sdL{x?nfO{ pTk|]/0f x'g', ;dodf g} c=g=dL= s/f/df egf{ ug'{, ;'cfxf/f sfo{qmd, jfgx6{ cf]n8 jfo8, w'lnv]n c:ktfn ;fd'bflos sfo{qmd ;u ;dGjo / ;xsfo{ cflb /x]sf 5g\ .

**kflnsf cg';f/ cf=j= )&\*÷&(df uj{ hfr/ ;'Ts]/L ;]jf lng cfpg] cfdfx?sf] t'ngfTds l:ylt**

dflysf] tflnsf cg';f/lhNnfsf] s'g} klxnf] k6s ue{jtL hf“r ul/Psf dlxnfsf] ;+Vof cf=j= @)&\*.)&( df !)\*Ü b]lvG5 ;fy} k|f]6sn cg';f/ rf}yf] k6ssf] hfFr ug]{ \*)Ü /x]sf] 5 / :jf:Yo ;+:yfdf ;'Ts/L u/fpg] ^\* Ü /x]sf] 5 . kflnsf :t/sf] l:ylt x]bf{s'g} klxnf] k6s ue{jtL hf“r ug]{, k|f]6sn cg';f/ rf}yf] k6ssf] hfFr ug]{, :jf:Yo ;+:yfdf ;'Ts/L u/fpg], led]Zj/ g=kf= sf] ;j}eGbf a9L @!!Ü, @#@Ü, @)&Ü/ ;a} eGbf sd uf}/Lz+s/ uf=kf=df %&Ü, @$Ü, @!Ü /x]sf] 5 .

**kflnsf cg';f/ cf=j= )&\*÷&( df k|;'tL kZrft pkef]u u/]sf ;]jfx?sf] t'ngfTds l:ylt**

pk/f]Qm tflnsfdf lhNnfsf]] / kflnsf cg';f/cf=j= @)&\*.)&( sf] ;'Ts]/L kZrft cfdfn] le6fldg P, cfO{/g rSsL ;]jg / pQ/ k|;'tL hfr ;]jf pkef]u u/fPsf] l:ytL k|:t't ul/Psf] 5 . kflnsf :t/sf] le6fldg P, cfO{/g rSsL ;]jg / pQ/ k|;'tL hfFr ;]jf pkef]u u/fPsf] l:ytL x]bf{led]Zj/ g=kf= sf] ;j}eGbf a9L !\*#Ü, !^%Ü, %)Ü/ ;a} eGbf sd uf}/Lz+s/ uf=kf=df #%Ü, @#Ü, @!Ü/x]sf] 5 eg] ;du| lhNnfsf] &)Ü, ^@Ü, #&Ü /x]sf] 5 .

**@=&k|fylds :jf:Yo ;]jf ufpF3/ lSnlgs sfo{qmd**

**(Primary Health Care Outreach Clinic)**

**k[i7e"dL(Background)**

/fli6«o :jf:Yo gLltdf uf‘psf] s'gf sfKrfdf a:g] u/Lj / ljkGg ju{ ;Dd k'¥ofO{ clws ;] clws hgtfnfO{ :Jf:Yo ;]jf k'¥ofpg] cjwf/0ff cg'?k NofO{Psf] xf] . oL nIox? xfl;n ug{sf nfuL x/]s uf=lj=;=df k|f=:jf=s]=,:jf=rf}=jf pk :jf=rf}=af6 cfwf/e"t :jf:Yo ;]jf pknAw u/fpg] sfd e}/x]sf] 5 . tfklg a9\bf] b/ / at{dfg k|hgg b/ nfO{ b[li6ut ubf{ pknAw u/fOPsf] ;]jfsf] pkof]lutfdf cem} a[l4 ug'{kg]{ b]lvG5 . ;]jfsf] kl/k"t{ dfusf] w]/} efu :jf:Yo ;+:yf jl/kl/ glhs} /x]sf uf‘px?df a:g] dflg;x?af6 ePsf] b]lvG5 . ;]jf ;j{;'ne gx['g', ;]jf jf/] 1fgsf] sdL x'g', ;]jf af/] hg;xefuLtf vf;u/L dlxnf ;xeflutfsf] sdL x'g', ;]jf ;DalGw Jojl:yt ?kdf ;d'lrt k/fdz{ lbg] kl/kf6L gx'g' cflb h:tf ;dZofx? b]lvPsf] x'‘bf ;]jf nfO{ ;j{;'ne t'Nofpg, ;]jf af/] hfgsf/L lbnfpg, pknAo ;]jfaf/] tyf k/fdz{ lbg sf] nfuL k|To]s uf‘p ljsf; ;ldlt If]qleq # b]lv % j6f ;Dd cfwf/e"t :jf:Yo ;]jf uf‘p3/ lSnlgs sfo{qmd NofOPsf] xf] . o;sf] nfuL ;d'bfo:t/df sfo{/t :jf:YosdL{x?nfO{ k|efjsf/L ?kdf kl/rfng ug'{sf ;fy} ;d'bfodf /x]sf dlxnf :jf:Yo :jo+= ;]ljsf, ;fdflhs sfo{stf{x?, u|fld0f If]qdf sfo{/t g]tfx? a9L eGbf a9L ;DnUg x[g' h?/L 5 . uf‘p3/ lSnlgsdf Go"gtd cfwf/e"t :jf:Yo ;]jf vf;u/L k|ltsf/fTds tyf k|aw{gfTds ;]jf pknAw u/fOG5 . o; :yfgdf dfl;s ! lbg :jf:Yo rf}sL / pk–:jf:Yo rf}sLdf sfo{/t c=x]=j=÷ c=g=dL=x?4f/f tf]lsPsf :jf:Yo ;]jfx? k|bfg ug]{ ul/G5 . PHC-ORCaf6 k|bfg ul/g] ;]jfx?df kl/jf/ lgof]hg, k"j{ k|;'tL ;]jf, :jf:Yo lzIff / ;fdfGo pkrf/fTds ;]jfx? k|d'v x'g\ . g]kfn ;/sf/n] of] cjwf/0ff lj=;+= @)%! b]lv z'?jft u/]sf] xf] .

**p2]Zo(Objectives)**

b]zsf] agfj6 ljs6 5 . :jf:Yo ;]jf kfpg] :yfgx? 6f9f 5g\ . h;n]ubf{ w]/} dflg;x? ;fdfGo :jf:Yo ;]jf pkof]u ug{af6 ;d]t al~rt ePsf 5g\ . kmn:Jf?k aRrfsf] rfxgf gx'+bf gx'+b} klg w]/} dlxnfx?n] aRrf hGdfpg afWo x'g kl//x]sf] 5 . To:t} ;'/lIft dft[Tjsf] hfgsf/L tyf ;]jfsf] sdLsf sf/0f s}of} cfdf tyf lzz'x?n] csfndf Hofg u'dfpg' kl//x]sf] 5 . o:tf] cj:yfdf :jf:Yo ;+:yfaf6 6f9f a;f]af; ug]{ bDklQ, cfdfx? / lzz'x?nfO{ cfwf/e"t :jf:Yo ;]jf pknAw u/fO{ pgLx?sf] :jf:Yo l:ytLdf ;'wf/ Nofpg k|To]s uf=lj=;=sf tf]lsPsf s]Gb|df k|To]s dlxgfdf cfwf/e't k|fylds :jf:Yo ;]jfsf] kx'rdf j[l4 ug'{ o; sfo{qmdsf] k|d'v p2]Zo /x]sf] 5 .

**/0flglt(Strategies)**

* ;d'bfodf /x]sf :jf:Yo sfo{stf{ jf :jo+;]jsnfO{ k|of]u u/L ufp“3/ lSnlgs ;+rfng ug]{ .
* ;d'bfodf sfo{/t :jf:Yo sdL{nfO{ xf};nf a9fpg ;do ;dodf ;'kl/j]If0f / cg'udg ug]{ .
* 6f9f–6f9fsf ;d'bfodf ;]jf lj:tf/ ug{ c=x]=j=÷c=g=dL nfO{ k|of]u ug]{ .
* k|To]s uf=lj=;=df PHC-ORC k|To]s dlxgf ;+rfng ug]{ .

**lhNnfsf] / kflnsfsf] ljut ltg jif{sf] ufpF3/ lNslgs ;]jfsf] se/]h l:ytL**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Data** | **Percentage of Reporting Status (PHCORC)** | | | **Average no. of People Served ORC (Per Clinic)** | | |
| **Organisation unit / Period** | **2076 / 2077** | **2077 / 2078** | **2078 / 2079** | **2076 / 2077** | **2077 / 2078** | **2078 / 2079** |
| DOLAKHA | 84 | 90 | 87 | 13 | 12 | 12 |
| Gaurishankar | 78 | 70 | 75 | 13 | 8 | 13 |
| Bigu | 89 | 93 | 90 | 12 | 14 | 11 |
| Kalinchowk | 82 | 96 | 95 | 13 | 12 | 12 |
| Baiteshwor | 92 | 97 | 89 | 15 | 12 | 12 |
| Jiri | 88 | 86 | 92 | 12 | 13 | 13 |
| Tamakoshi | 94 | 99 | 100 | 10 | 10 | 8 |
| Melung | 82 | 94 | 91 | 10 | 9 | 9 |
| Shailung | 67 | 80 | 60 | 10 | 11 | 8 |
| Bhimeshwor | 84 | 98 | 100 | 21 | 17 | 17 |

ufpF3/ lNslgs ;]jfsf] cj:yf laZn]if0f ubf{ ufpF3/ lNslgs ;+rfng a9\bf] qmddf 5, h'g cf=j= )&^.&& df \*$Ü lyof] eg] xfn \*&Ü k'u]sf]5 . To;} u/L cf}ift ;]jf lng] ;]jfu|fxLdfeg] s]xL 36\sf] 5, h'g !# hgf k|lt lNslgs jf6 !@ hgf k'u]sf] 5 .

**lhNnfsf] / kflnsf cg';f/ ljut # jif{sf] Ifo/f]u ;DjGwL TB Case Notification Rate(PBC New , PBC new & relapse form)**

ljut # cf=j= sf] Ifo/f]u sfo{qmdsf] t'ngfTds l:ylt x]bf{ Ifo/f]u ;DjGwL ;"rsf+sdf s]; kQf nfUg] b/df sdL b]lvG5.

**Ifo/f]u lgoGq0f sfo{qmddf b]lvPsf r'gf}tLx?**

* kof{Kt dfqdf :jf:YosdL{x?n] tflnd k|ft gug'{ .
* k|of]uznf ;]jfsf] kx'Frdf sdL

**HIV/AIDS/STD sfo{qmd**

/fli6o P8\; tyf of}g /f]u lgoGq0f s]Gb| dfkm{t ljutsf aif{x?df **HIV/AIDS/STD** ;DaGwLhgr]tgfd"ns sfo{qmd ug]{ sfo{qmd /x] klg o; cf=j= df ljZj P8\; lbj; dgfpg] sfo{qmd afx]s cGo sfo{qmd gePsf] .

**pkrf/fTds ;]jf(Curative Services)**

**k[i7e"dL(Background)**

k|fylds :jf:Yo ;]jf, ufpF3/ lSnlgs (PHC-ORC) b]lv ljz]if1 ;]jf lbg] s]Gb|Lo c:ktfn ;Dd pRr :t/sf] :jf:Yo ;]jf k'¥ofpg g]kfn ;/sf/ k|ltj4 5 . pkrf/fTds ;]jfaf6 u|fld0f :t/ b]lv zx/L If]qsf hgtfsf] :jf:Yo :t/ ;'wfg{sf nfuL /f]usf] plrt lgbfg, pkrf/ / k|]if0f ;]jf k'¥ofpg ljBdfg :jf:Yo lgsfox? s6Lj4 5g\ .

**/fli6«o lgz'Ns :jf:Yo ;]jf sfo{qmd (Free Health Services)**

g]kfnsf] cGt/Ld ;+ljwfg @)^# sf] efu # sf] wf/f !^ jdf]lhd "k|To]s gful/snfO{ sfg"gdf Joj:yf eP adf]lhd cfwf/e"t :jf:Yo ;]jf lgz"Ns ?kdf kfpg] xs x'g]5" egL gful/s xssf] Joj:yf ul/P cg'?k :jf:Yo ;]jfdf g]kfnL hgtfsf] kx'“r k'¥ofO{ :j:y ;dfhsf] lgdf{0f u/L u'0f:t/o'qm lhjg ofkg u/fpg g]kfn sl6j4 5 . g]kfnsf] :jf:Yo ;]jfsf sfo{qmdx? /fli6«o :jf:Yo gLlt @)&!, bf]>f] bL3{sflng :jf:Yo of]hgf @)%$–&$, ;z>fAbL ljsf; nIo ;g\ @)))–@)!%, tyf :jf:Yo If]q sfo{qmd sfof{Gjog sfo{of]hgf, qLaifL{o cGtl/d of]hgf @)^$.^%–@)^^.^&, qLjlif{o of]hgfsf] cfwf/kq cflb 4f/f lgb]{lzt e} sfof{Gjogdf /x]sf 5g\ . g]kfn ;/sf/n] ;j} :jf:Yo ;+:yfx?jf6 lgz'Ns :jf:Yo ;]jf lbg] eGg] gLlt jdf]lhd ;]jf k|jfx eO{/x]sf] 5 .

g]kfn ;/sf/n] k|To]s uf=lj=;=:t/df :jf:Yo ;+:yfx? dfkm{t k|ltsf/Tds, k|jw{gfTds / pkrf/fTds :jf:Yo ;]jfx? h:t} vf]k, kl/jf/ lgof]hg, tyf ;'/lIft dft[Tj, Ifo/f]u, s'i7/f]u cflb lgz'Ns k|bfg ub}{ cfPtf klg pkrf/fTds ;]jftkm{ aif}{e/Lsf] nfuL cf}iflwsf] cefjx'g] tyf ;a{;fwf/0f lj/fdLx?n] btf{ z'Ns ltg'{kg]{ h:tf sf/0fx?n] ul/j, c;xfo, ckfË, h]i7 gful/s tyf 7"nf] lx:;f cf]u6]sf] b'u{d e]usf lj/fdLx?n] ;]jfsf] pkef]u ug{ gkfO{/x]sf] oyfy{nfO{ /fHon] dxz'; af]w u/L bf]>f] hgcfGbf]ng @)[^@.)^#](mailto:%5e@.)%5e)kl5 ul7t ;/sf/n] ;f] dd{ cg'?k /fli6«o lgz'Ns :jf:Yo ;]jf sfo{qmd nfu' u/]sf] xf] .

**p2]Zo(Objectives)**

* cfd g]kfnL gful/sx?sf] :jf:Yo ;]jfsf] clwsf/ ;'lglZrt ug]{ .
* u/Lj c;xfo gful/ssf] clwsf/ ;'lglZrt ub}{ :jf:Yo ;]jfdf plgx?sf] kx'“r tyf pkef]u a[l4 ug]{ .
* cfd gful/snfO{ cTofjZos :jf:Yo ;]jf pknAw u/fO{ /f]u nfUg] b/ (Morbidity) / d[To' x'g] b/ (Mortality) df sld Nofpg] .
* gful/sx?sf] :j:y lhjg ofkgsf] nfuL :jf:Yo ;]jfdf /fHosf] bfloTj jf]w ;'lglZrt ug]{ .
* cTofjZosLo :jf:Yo ;]jf u'0f:tl/o Pj+ k|efjsf/L ?kdf pknAw u/fpg] .
* cfjZostf cg';f/ lj/fdLnfO{ plrt :yfgdf k|]if0f ug]{ .
* hg:jf:Yosf ljleGg sfo{qmd tyf lqmofsnfkx? ;~rfng ug{ pko'Qm cj;/ pknAw u/fpg] .

**/0fgLlt(Strategies)**

* k|fylds :jf:Yo ;]jf ufpF3/ lSnlgs b]lv pRr:tl/o ljz]if1 ;]jf k'¥ofpg] s]lGb|o c:ktfn ;Dd cfjZostf cg';f/ k|]if0f k|0ffnLsf] ljsf; u/L To;sf] cfwf/df pkrf/fTds ;]jf pknAw u/fpg] .
* pkrf/fTds ;]jfnfO{ ;fwf/0f :t/b]lv ljz]if1:t/af6 ;]jf k'¥ofpg gLlh If]q;Fu dGqfnon] ;dGjo ug]{, gl;{Ë xf]dnfO{ lj:tf/ ug]{, u}/ ;/sf/L lgsfo;Fu ;dGjo /fVg] .
* If]lqo :jf:Yo lgb]{zgfno / lhNnf :jf:Yo sfof{nox?nfO{ cfjZostf cg';f/sf] hgzlQm pknAw

u/fpg], ljs]Gb|Ls/0fsf] clwsf/, k|efjsf/L k|zf;g, Joj:yfkg / ;'kl/j]If0f sfo{nfO{ k|efjsf/L agfpg] .

* clw/fHo e/Lsf ;Dk"0f{ lhNnfsf k|To]s uf=lj=;=df cfj:ostf cg';f/ PHC-ORC:yfkgf ul/ ;]jf k|bfg ug]{ .
* k|fylds :jf:Yo ;]jfsf] ;fy} pkrf/ ;]jf :yflgo :t/df, lhNnf / If]lqo txaf6 k|bfg ug]{ . If]lqo :jf:Yo lgb]{zgfno / lhNnf :jf:Yo sfof{nonfO{ ;'b[9Ls/0f ub}{ n}hfg] .

**cf=j= @)&\*÷&( df ;+rflnt lqmofsnfkx?(Activities)**

o; lhNnfdf ^ c:ktfn, ! k|f=:jf=s]=, %@ :jf=rf}=, !^ cfwf/e't :jf:Yo ;]jf s]Gb|, @@ ;fd'bflos :jf:Yo OsfO, ^ zx/L :jf:Yo s]Gb| / !## k|fylds :jf:Yo ;]jf uf‘p3/ lSnlgsx? -PHC-ORC):yfkgf eO{ lg/Gt/ pkrf/fTds ;]jf k'¥ofO{ /x]sf 5g\ .

**cf=j= 2078/079df alx/+u ;]jf k|fKt u/]sf lj/fdLsf] l:ylt M**

k|:t't tflnsf cg';f/ alx/+u ;]jfdf cfpg] la/fdL b/ ;du| lhNnfdf hDdf hg;+Vof dWo] !%#Ü /x]sf] 5, eg] ;j}eGbf a9L led]Zj/ g=kf df @^^Ü / ;j}eGbf sd z}n'Ë uf=kf df \*&Ü dfq /x]sf] 5 .

**lhNnfsf] d'Vo !) /f]ux?** (Top Ten Diseases)**sf] cj:yf M**

lhNnfsf] d'Vo !) /f]ux?sf]] cj:yf laZn]if0f ubf{ klxnf] Gstritis , bf];|f] Surgical Problem, t];|f] Headacheb]lvG5 .

**6fO{kmfO{8 vf]k cleofg )&\*÷)&( k|ult ljj/0f**

**vf]k ;+rfng ldlt M @)&\*÷!@÷@% ut] b]v @)&(÷)!÷)% ;Dd**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **qm=;** | **:yflgo tx** | **nlIft hg;+Vof** | | **hDdf nlIft hg;+Vof** | **k|ult ;+Vof** | | **hDdf k|ult ;+Vof** | **hDdf k|ult %** | **s}lkmot** |
| **!@-@# dlxgf** | **@-!% aif{** | **!@-@# dlxgf** | **@-!% aif{** |  |  |
| **!** | led]Zj/ gu/ kflnsf | **$()** | **\*^%$** | **(!$$** | **#%#** | **\*#$!** | **\*^($** | **(%.)** |  |
| **@** | lh/L gu/ kflnsf | **@!$** | **#@($** | **#%)\*** | **!$(** | **#!^@** | **##!!** | **($.#** |  |
| **#** | sfln~rf]s ufp kflnsf | **##&** | **%$&\*** | **%\*!%** | **@(^** | **%#!$** | **%^!)** | **(^.$** |  |
| **$** | lau' ufp kflnsf | **()#** | **##!!** | **$@!$** | **!\*&** | **#%%@** | **#&#(** | **\*\*.&** |  |
| **%** | Uff}/Lz+s/ ufp kflnsf | **!\*$** | **#!(\*** | **##\*@** | **!%@** | **@(!\*** | **#)&)** | **().&** |  |
| **^** | Tffdfsf]zL ufp kflnsf | **#$\*** | **#&\*(** | **$!#&** | **!$\*** | **##&%** | **#%@#** | **\*%.!** |  |
| **&** | z}n'ª ufp kflnsf | **^@#** | **@^(#** | **##!^** | **!#!** | **@&&!** | **@()@** | **\*&.%** |  |
| **\*** | a}t]Zj/ ufp kflnsf | **@%@** | **$)!%** | **$@^&** | **!^@** | **##$\*** | **#%!)** | **\*@.@** |  |
| **(** | d}n'ª ufp kflnsf | **^!@** | **#!&!** | **#&\*#** | **!&$** | **##!!** | **#$\*%** | **(@.!** |  |
| **hDdf** | | **#(^#** | **#&^)#** | **$!%^^** | **!&%@** | **#^)(@** | **#&\*$$** | **().)$** |  |

**sf]le8 !( la?4sf] vf]k cleofgsf] k|ult ljj/0f**

**cf=a= @)&\*÷)&(**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **qm=;** | **:yflgo tx** | **nlIft hg;+Vof** | **Vff]k kfPsf] ;+Vof** | | | **klxnf] dfqf k|ult %** | **klxnf] dfqf nufpg]df bf]>f] dfqf k|ult %** | **bf]>f] dfqf nufpg] dWo] yk vf]k dfqf k|ult %** |
|  | **klxnf] dfqf** | **bf]>f] dfqf** | **yk dfqf** |
| **!** | led]Zj/ gu/ kflnsf | **@^$&@** | **@!\*#(** | **@@@)%** | **!#%$(** | **\*@=$(** | **!)!=\*** | **^)=\*** |
| **@** | lh/L gu/ kflnsf | **!@@&$** | **\*$@%** | **\*&@^** | **^!^^** | **^\*=^** | **!)#=%** | **&)=^** |
| **#** | sfln~rf]s ufp kflnsf | **!&&\*@** | **!!%!\*** | **!!@&)** | **\*#!!** | **^$=&** | **(&=\*** | **&#=&** |
| **$** | lau' ufp kflnsf | **!$#@#** | **!)@%)** | **(\*%&** | **&&#&** | **&!=%** | **(^=!** | **&\*=$** |
| **%** | Uff}/Lz+s/ ufp kflnsf | **!#@\*^** | **\*@#&** | **\*$)%** | **^%\*&** | **^!=(** | **!)@** | **&#=#** |
| **^** | Tffdfsf]zL ufp kflnsf | **!$%!&** | **()#(** | **()($** | **^(&^** | **^@=@** | **!))=^** | **&^=&** |
| **&** | z}n'ª ufp kflnsf | **!%)$@** | **(@!#** | **($%%** | **^()$** | **^!=@** | **!)@=^** | **&#** |
| **\*** | a}t]Zj/ ufp kflnsf | **!%#(!** | **((^)** | **!))##** | **^((!** | **^$=&** | **!))=&** | **^(=^** |
| **(** | d}n'ª ufp kflnsf | **!%$#(** | **(@(&** | **()!\*** | **%(&(** | **^)=@** | **(^=(** | **^^=#** |
| **hDdf** | | **!$$%@^** | **(&&&\*** | **(\*!)\*** | **^(@))** | **^&=^** | **!))=#** | **&)=%** |

**cfufdL aif{sf] nflu of]hgfx?**

!=dxfdf/L tyf k|sf]k hGo /f]ux? km}ng glbg :jf:YodsL{, ;/f]sf/jfnf ;+3 ;+:yfx?, ;+rf/sdL{, :yflgo hgk|ltlglwx? ,dlxnf ;fd'bflos :jf:Yo :jod ;]ljsf tyf cGo ;DalGwt kIfx?;+u ;dGjo u/L :jf:Yo ;DalGw ;r]tgf sfo{qmdx? ;+rfngdf lg/Gt/tf lbg] .

@= afudtL k|b]z :jf:Yo dGqfno tyf :jf:Yo lgb{]zgfnoaf6 k|fKt sfo{qmdx? ;+rfng ug{] sfo{x?nfO{ lg/Gt/tf lbg] / ;DalGwt tfn's lgsfox?af6 k|fKt lgb{]zgx?sf] kfng ug'{sf] ;fy} sfof{Gjog k|lqmofnfO cl3 a9fpg] .

#= lhNnfdf dxfdf/Lsf] cj:yf b]vf k/]df lrlsT;s ;lxtsf] l6d kl/rfng ug{] .

$= lhNnf leq /x]sf ;j} :yflgo tx cGt/ut ;+rflnt :jf:Yo ;+;yfx?af6 g} lhNnf :jf:Yo ;"rgf k|0ffnL @ ( DHIS 2) df :jf:Yo sfo{qmdx?sf] 8f6f O{G6«L ug{] Aoa:yf ldnfpb} hfg] .

%= x/]s dlxgf :yflgo txdf sfo{/t :jf:Yo zfvf k|d'vx? ;+u ;dGjofTds a}7s ;+rfng ug{] .

^= lgoldt ;'k/Llehg cg'udgsf] sfo{nfO{ lg/Gt/tf lbg] .

&= lhNnf :yLt :yflgo txx?df EofS;lg v]/ hfg] b/ tyf EofS;Lg 9'jgLnfO{ ;xh agfpg k|To]s :yflgo txdf sf]N8 r]g ;j ;]G6/ :yfkgfsf] nfuL :yflgo txx? ;+u ;dGjo u/Lg] .

**;'emfjx?**

**!= ;jf/L ;fwgsf] Aoa:yf**

@)&@ ;fndf :jf:Yo ;]jf ljefuaf6 o; sfof{nosf] nflu pknAw u/fO{Psf] ;jf/L ;fwg af/fDaf/ lau|g] u/]sf] x'bf dd{t ;Def/sf] sfo{ eO{/x]tf klg lhNnfdf dd{t ;Def/ ug{] dd{t s]Gb|÷js{zk ;d]t gePsf sf/0f :jf:Yo sfo{qmdx?sf] cf}iflw nufotsf nh]l:6ssf ;fdfu|Lx?sf] 9'jfgL sfo{x? ug{ sl7gfO{ eO{/x]sf] / dxfdf/L hGo /f]ux?sf] /f]syfd / lgoGq0fsf nflu ;jf/L ;fwg ;w} tof/L ca:yfdf /fVg kg{] ePsf] x'bf lhNnfsf] ef}uf]lns agfj6 cg';f/sf] lxdfnL lhNnf tyf kxf8L e]usf] otfoftsf] dfu{ cg';f/sf] ;jf/L ;fwg pknAw u/fpg kg{] .

**@=hgzlQmsf] Aoa:yfkg**

:jf:Yo sfof{nodf k|fljlws / k|zf;lgs u/L s"n !@ hgf b/aGbL /x]sf]df xfn # hgf dfq k|fljlwsx? sfo{/t /x]sf] x'bf :jf:Yo sfo{qmdx? ;+rfng ug{ sl7gfO{ kl/x]sf]n] l/Qm kbx?df oyflz3| sd{rf/L Aoa:yfkg ug{' kg{] .

**#= gofF :yfoL tyf s/f/ ;]jfsf sd{rf/Lx?nfO{ tflndsf] Aoa:yf**

:yfoL?kdf kl/k"tL{ ePsf gof :jf:YosdL{x? / :yflgo txdf s/f/df lgoQm ePsf :jf:YosdL{x?nfO{HMIS tyf DHIS 2, nufotsf :jf:Yosf tflndx? pknAw u/fpg kg{] .

**$= cfk"tL{ Aoa:yfkg**

lgoldt ?kdf ;dodf g} cfaZostf cg';f/sf] kof{Kt dfqfdfHMISsf 6'N;, LMISsf] k|ltj]bg kmf/dx? / k|b]; tyf ;+3 ;/sf/af6 k|fKt x'g] cf}iflw tyf ;fdfu|Lx? pknAw x'g' kg{] .

**%= sfof{no ejgsf] dd{t ;Def/ tyf /+u /f]ugsf] sfo{**

xfn o; :jf:Yo sfof{nosf] ejg aiff{ ofdsf] kflgn] ubf{ k'gM /u+/f]ug ug{' kg{] ca:yfdf /x]sf] / ejgsf] s]lx :yfgx?df dd{t ;Def/ ;d]t ug'{ kg{] cj:yfdf /x]sf] x'bf :jf:Yo sfof{nosf] sfof{no ejg dd{t ;Def/ ug{ kg{] b]lvG5 .

**cg';"lr**